



NOV/DEC 2022 | VOLUME 1 | ISSUE 9

# Councilman Fred Fox's Greetings

*Hello Elders, Community Members and Relatives,*

I would like to send my condolences to the one that have lost loved ones. This time of the year effects everyone, we remember the good times with our loved ones during the holiday season.

Old man winter has arrived and hopefully we don't get any record breaking snowfalls or freezing temperatures. This winter season we tried getting the Elders in White Shield all generators, so we won't be caught again with out electricity for our blizzard conditions. Hopefully we don't get that, but it's better to be safe than sorry.

I would like to wish all of our Student Athletes the best of luck in the upcoming Basketball season, we should have some good teams from elementary to high school both boys and girls. I think that everyone's favorite past time during the winter months is going to all the basketball games and traveling with them to the tournaments.

With Christmas season upon us we will be getting ready for all of our Parties and Dinners around the reservation and the surrounding areas. The White Shield Segment Staff will have their Christmas party at the Casino December 9th. The Elder Christmas party will be held December 16th at the Casino from 11am - 2pm and the White Shield Segment/Community party will be the same day but starting at 4pm. We will have a big dinner with all the fixings and gift



*East Segment Community Thanksgiving Dinner*

cards for each family and also have some great entertainment with Comedian Adrienne Chalepah.

Christmas time is a time for family gatherings and to share gifts with one another, time is short so lets make sure we make time for these special moments.

I believe we are all happy that the MHA Elections are complete. I thought it was the most negative election I've ever witnessed. The stories and gossip were at it's worst. Most of the time everyone hears rumors and will take them to another level. The stories we hear are very hurtful not only to the candidates but to their families, children and grand children.

We all forget that the candidates have families and loved ones and it gets all of them very stressed and angry. Lot of families are broken and friendships are lost. Why it has to be that way is beyond me. I hope one day we all can have a common goal and support one another and be proud of one another.

It's a very broad constituent base the Chairman or Council has to cover. Over 17,000 members across the United States, with thousands of different needs. But one common ground is the land base of Fort Berthold Reservation where the majority have

grown up and went to school. We lived in New Town, Mandaree, Four Bears, Parshall, White Shield or Twin Buttes. Each place we all hold in high regards because this is home. This is where we grew up. This is where our parents and grand parents grew up. So addressing the needs of each community is essential and priority. I believe a lot has been done, but we are no where close to where we want to be. But in time, our home will be better then it was when we grew up, or when our parents and grandparents grew up.

With that said I hope we can all work together no matter whose administration was elected or whose wasn't. One way or another we are all from here and we are related in one way or another. It's very hard from day to day to please and help everyone, but I was always told that you can't always please everyone, but I will sure try my best.

I want to wish everyone a Merry Christmas and Happy New Year. Take Care and God Bless.

*Fred Fox*

White Shield East Segment Representative  
MHA Nation Executive Secretary

# White Shield couple donates narcotics dogs to McLean County Sheriff's Department in memory of grandsons they lost



BY JODY KERZMAN  
Published: Oct 3, 2022

WHITE SHIELD, N.D. -

Sometimes, the bad things that happen in life inspire some of the greatest, unexpected outcomes.

There's a good example of that in McLean County.

Grandparents mourning the loss of two young grandsons found a way to honor their memories and keep their county a little safer at the same time. What they did, is good news for the entire state of North Dakota.

This is Little Warrior.

"She's about a year and a half," said McLean County sheriff's deputy Jesse Feist.

And this is Roman.

"He's learning a lot of stuff," said his handler, McLean County sheriff's deputy Chad Wiege.

They are the newest members of the McLean County Sheriff's Department. The dogs and their handlers are just back from training in Texas.

"Super stoked and excited to see what we can do together," said Wiege.

There's something extra special about Little Warrior and Roman. They are named after Don

and Delilah Yellow Bird's two grandsons who passed away.

"It's just a small gift the gratitude for what they did," said Delilah.

Three years ago, when Yellow Bird's grandson, known as Little Warrior, passed away, the McLean County Sheriff's Department gave him a hero's escort. More than a dozen McLean County deputies joined the procession. It's a gesture Delilah has never forgotten.

The Yellow Birds finally found a way to say thank you to the department. They donated the money used to purchase Little Warrior and Roman. A small token of their gratitude.. and a constant reminder of the grandsons they loved and lost.

"They didn't get to live but I want their names to carry on," said Delilah.

McLean County Sheriff J.R. Kerzmann says the dogs are a gift for the entire state. They've seen an increase in drugs being transported on Highway 83, from Minot to Bismarck. He hopes these dogs can help get those drugs off the streets in all cities around the state.

Copyright 2022 KFYZ. All rights reserved.



## Nishu Lodge Elders Thanksgiving Dinner

*The Nishu Lodge Elders Thanksgiving dinner turned out wonderful! Everyone left full of turkey and with a bingo prize! The Nishu Lodge Elder Board gave everyone a pumpkin or apple pie.*



Photo Credit: Glenise Bearstail



# Oak & Wise Barbershop is teaming up with the White Shield East Segment

Starting December 14th, Oak & Wise will be in White Shield cutting hair for the community twice a month for 6 months!

We look forward to this opportunity! This is the first time a Native Community has teamed up with a barbershop to bring their community an exclusive service consistently.

Oak & Wise is one of the highest quality and most in-demand barbershops in Bismarck/Mandan. We look forward to bringing our one-of-a-kind service to White Shield, ND.

Shoutout to Councilman Fred Fox for taking care of his people on a personal level!



## MEDICAL FUNDRAISER FOR BERT KRUEGER, SR. "DUSTY"

**SUNDAY DEC 4TH, 2022 AT THE OLD COMPLEX**

**BINGO STARTS AT 1:00PM**

**FOOD SALE STARTS AT NOON**

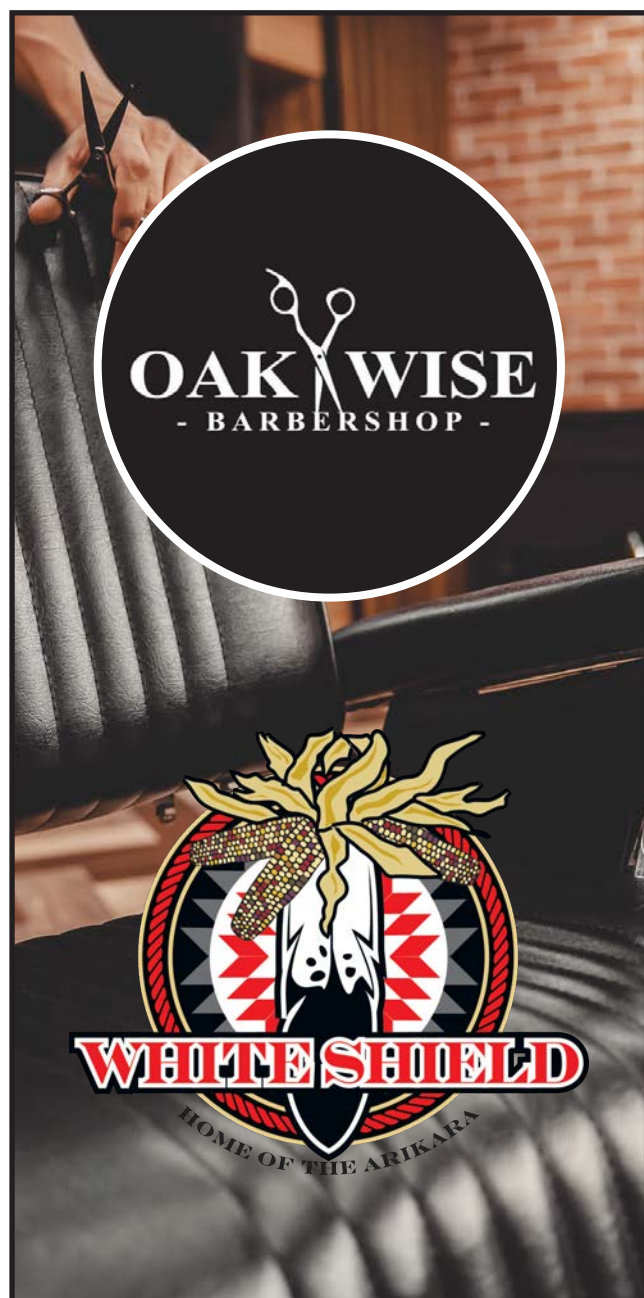
*To help with unexpected medical expenses*

*EVERYONE WELCOME!*

**For more information contact:**

**Helen Krueger (701) 898-8609**

**Nelrene Yellow Bird (701) 721-3301**



## Nishu Lodge Elders Update

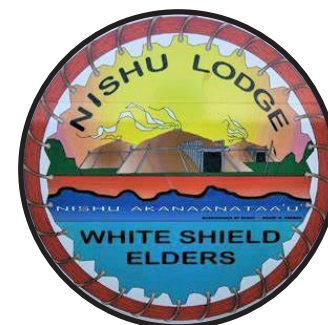
*Submitted by: Glenise Bearstail*

Nawah!

Hope everyone had a good turkey day! Nishu Lodge had a very busy November with all the Thanksgiving doings in the community and surrounding area. We had a great turnout for the dinner at the Lodge on the 18th, lots of food, fun, and of course bingo! Everyone stated that they had a great time!!

We are still taking the bus to the Senior Day at 4 Bears on Wednesdays, anyone can sign up to go by calling the Lodge, the bus loads at 9:30 and leaves at 10:00 from the Lodge. Prize bingo is on Thursday at 1:00 at the old Complex, please bring a small prize and your daubers! We have the Oak & Wise barbers coming on December 14th for free haircuts, tips only. They are scheduled from 10-4 pm and offer regular and specialty haircuts. Please call the Lodge to sign up and remember that the WS Elders have first priority.

The WS Nishu Lodge Elders Christmas party is in the works, also we are planning on



having Christmas craft classes in December any suggestions are welcome, for any questions or concerns please feel free to call the Lodge for updates.

We will send out flyers for any December events that are happening so watch for them. For those with Facebook, go to White Shield Nishu Lodge Elders page, updates and events are posted there.

We usually text flyers to those who do texts, all others will get a flyer. If you have not been notified about events please call the Lodge. Stay safe and healthy.

<b>NISHU LODGE</b>	<b>701-743-4050</b>
<b>HELEN KRUEGER</b>	<b>701-898-8609</b>
<b>GLENISE BEARSTAIL</b>	<b>701-897-1163</b>
<b>JAYDEN CISNEROS WB</b>	<b>701-421-2646</b>

# Native American Park Ranger Shares Expertise on Cultural Preservation as part of \$170,000 US-supported Restoration Project

Submitted by: Loren Yellow Bird

Al Hoceima – The U.S. Embassy in Morocco, in partnership with the Moroccan Ministry of Culture and GEODE Association, organized a two-day seminar in Al Hoceima on how national parks can be used to explain cultural heritage and history, as part of an ongoing \$170,000 U.S. government grant that is supporting the restoration of Torres Al Kalaa, site of a 13th century fortress in Al Hoceima National Park.

The main American speaker during the seminar was Loren Yellow Bird, a ranger with the U.S. National Park Service, who provides cultural and historical tours of the Fort Union Trading Post National Historic Site in the U.S. state of North Dakota. Yellow Bird is a member of the

Native American Arikara tribe; his great-great-grandfather was born near the Fort Union trading post, which was once a gathering site for European settlers and members of nine Native American tribes. Yellow Bird also served as a cultural adviser for the Academy Award-winning movie “The Revenant,” starring Leonardo DiCaprio. Yellow Bird’s duties included teaching several actors in the film how to speak the Arikara language. The seminar in Al Hoceima was an opportunity for Yellow Bird to share his professional experience with Moroccan experts who work in cultural heritage preservation, national park management, tourism and related fields – and how cultural preservation can play an important role in supporting regional economic growth and sustainable development.



“This has been a wonderful opportunity for me to share how our work in the U.S. National Park Service is preserving Native American heritage and explaining its importance to a new generation of Americans,” Yellow Bird said. “It is also wonderful for me to learn from Moroccan experts about how they use spectacular sites like the Torres Al Kalaa to preserve their own rich history.” GEODE Association, the Moroccan NGO that is helping implement the Torres Al Kalaa restoration project, hopes that the historic site will serve as a draw for tourism and promote Amazigh culture in the Rif. “We are thrilled to participate in this project and to learn from Mr. Yellow Bird about his work in North Dakota,” said Anouar Akkouh, GEODE’s president. “Our goal is for Torres Al Kalaa to inspire pride

among Amazigh youth in the area.” Mr. Akkouh is an alumnus of the U.S. Department of State’s International Visitor Leadership Program, which took him to the United States in 2018 and allowed him to visit several national parks in person. He said the experience allowed him to see cultural similarities between the native communities of the United States and Amazigh people of the Rif. The Torres Al Kalaa project is funded by the Ambassador’s Fund for Cultural Preservation, a U.S. Department of State program that has provided more than \$1 million in funding for cultural preservation projects in Morocco over the past two decades. These projects range from restoring Kasbah El Mediha outside Kenitra to an ongoing project to restore the mosaics at Volubilis.



## 2022-2023

# White Shield School Calendar

DECEMBER 16	WARRIOR / TEACHER IN-SERVICE
DECEMBER 23-31	CHRISTMAS BREAK
JANUARY 3	SCHOOL RESUMES
JANUARY 16	MARTIN LUTHER KING DAY
FEBRUARY 10	WARRIOR DAY / TEACHER IN-SERVICE
FEBRUARY 20	CHIEF’S DAY
FEBRUARY 23	PARENT / TEACHER CONFERENCE
MARCH 3	WARRIOR DAY / TEACHER IN-SERVICE
MARCH 13-17	SPRING BREAK
APRIL 7	WARRIOR DAY / TEACHER IN-SERVICE
APRIL 14	GOOD FRIDAY
MAY 19	WARRIOR DAY / TEACHER IN-SERVICE
MAY 26	LAST DAY OF SCHOOL
MAY 29	MEMORIAL DAY

# HAPPY Thanksgiving

Scenes from the East Segment Community Thanksgiving Dinner  
Photo Credit: Joelle Bearstail



Chairmain Mark Fox honored for his third term as MHA Chairman



LuJuanna LaCroix was honored with a special birthday song  
Thank you to Emcee Austin Gillette and the White Shield Singers



It was a great night of food, visiting, door prizes and community



Retirees Dorreen Yellow Bird, Bobbette Fox and Larry Trujillo were also honored for their years of employment with the East Segment



Thank you to the high school group that served the food and all the employees that helped with the event

*In Memory of*



**TERESSA JOY LONG ELK**

MAY 18, 1993 - SEPTEMBER 25, 2022

Teresa Joy Long Elk passed into the Spirit World September 25, 2022.

Teresa was born May 18, 1993, in Duluth, MN; to Terrance "Terry" Long Elk and Karen Many Ribs - Skye. She is a beloved daughter, sister, aunt and most of all mother. She attended school in Duluth, MN, Bismarck, and CHS in Crookston. She received her GED 2012. During her times in High School, she enjoyed basketball and track and field. Teresa also played the violin.

During her stay in Crookston, she met Jose Ibanez whom she had a first-born son Brayden James Long Elk. She enjoyed all the accomplishments of her children, big or small.

She is survived by her children, Brayden James Long Elk, Ilyana Amira Quinones, Draya Emerald Long Elk, and Nealani Renee Rogers; mother, Karen Skye (Harlan Skye Stepfather); brother, Orlen Smith Jr., Darris Grant; uncle, Lorenzo Many Ribs, her Long Elk Family: aunts, Celeste Long Elk, Marsha Long Elk; uncle, Julian 'Chet' Long Elk; and many cousins; Ibanez family: Jesus & Gloria, Jessica Ibanez, Stephanie (Jerome), Mary Alex Ibanez (Jonathan), Julie (Duane) and Samuel; and many nieces and nephews.

She is preceded in death by her father, Terrance Long Elk; brother, Daniel Smith; sister, Darshayne Long Elk; maternal grandparents, Alfreda Red Fox- Many Ribs, Daniel Many Ribs; paternal grandparents, Chauncey Long Elk, Ethel Flying Horse; significant other, Jose Angel Ibanez.

Funeral Service will be held at 11:00 AM on Friday, September 30, 2022, at the White Shield Complex. Wake Services will start at 5:00 PM on Thursday, September 29, 2022, at the White Shield Complex.

*In Memory of*



**KATHERINE DEANE REAL BIRD**

*"sčitaapahAt"*

(Red Otter Woman)

OCTOBER 25, 1937 - NOVEMBER 5, 2022

Katherine Deane Real Bird, "sčitaapahAt" (Red Otter Woman), 85, of Hardin, MT, passed away Saturday, November 5, 2022, at a Billings, MT hospital.

Montana Rosary: Wednesday, November 9, 2022 at 3:00 p.m., at Bullis Funeral Chapel, Hardin, MT

Family and Friends Gathering: Friday, November 11, 2022 from 2-4 p.m. at Langhans Funeral Home, Parshall, ND

Wake: Friday, beginning at 5 p.m. at Ralph Wells Memorial Complex, White Shield, ND

Funeral: Saturday, November 12, 2022, at 11 a.m. at the memorial complex

Burial: Nishu Cemetery, rural White Shield, ND

Katherine Deane Real Bird, "sčitaapahAt" (Red Otter Woman), was born October 25, 1937, in Elbowoods, ND Sahnish woman of the Three Affiliated Tribes. On November 5, 2022, the owl called her name to meet her maker. Kathy was the daughter of the late William J. Deane and Leona Yellow Bird Deane. In 1957 she married the late Edison Real Bird (former Chairman of the Crow Tribe) in Missoula, Montana, and they made their home in Crow Agency, MT. Kathy was adopted in the Tobacco Society into the Big Lodge Clan and Child of the Bad War Deeds by the late Jim and Hilda Big Shoulder of Crow Agency, MT. Kathy was baptized as a Catholic but attended other religions. In 1970 she became a strong believer as a member of the Native American Church, Sundance, and Clan ceremonies. She always practiced her daily prayers of devotion to St. Jude, patron of the saints.

She attended elementary school at Elbowoods, ND until the school closed due to the Garrison Dam in 1954. Her education continued at Stephan Catholic school and Flandreau, SD where she graduated. From 1976 to 1979 she entered and continued her education with Contracted Administration Training and Business Management, from Ohio State University under the guidance courses of the Department of Labor. 1980 to 1983 she attended Rocky Mountain College, Billings, MT. From 1984 she received further training in Geriatric Health and Nutrition Care, from the Department of Education, St. Vincent Hospital of Billings, MT, and training courses from the National Association of Meals Programs (NAMP) Region VIII, Denver, CO. Kathy continued and pursued her training Personnel and Administration Education through continued National Career Education of Boulder, CO from 1986 to 1993.

Her last and final position was the Director for Bighorn County Council on Aging Program in Hardin, MT. Kathy worked with all age groups of people. Her many positions include TERO Executive Director, New Town, ND, Appointed Director by Manpower Administration under Region VII by the Department of Labor in Denver, CO. Other positions included JTPA Consultant, Counselor, Coordinator for Manpower Programs, Social Services, Headstart, NYC Drop-outs, BIA Youth Groups, Vietnam Veterans Programs. She also served on many advisory boards, her favorite was the Foster Grand Parent Program affiliated with the St. Vincent hospital Health Care and High Plains Native Women's Museum, Billings, MT. One of her favorite mottos in her employment in North Dakota was "when I work, everyone works."

Years ago, her jobs took her on many travels, another motto was "always leave the door open for future opportunities," and "always have a good word for people you meet." She was asked many times why she stayed as long at her last position. She would state, "I have been everywhere, traveled, did that, been there, all I wanted was to be by my children, grandchildren, and great-grandchildren."

Her favorite and most precious pastimes were beading moccasins, belts, chokers, necklaces, purses, and other regalia for her family dancers, watching them compete in sports and powwows. Her craftwork and keepsake jewelry were designs of the Sahnish, Hidatsa, and Crow legacies. She

(continued from page 6  
Katherine Real Bird obituary)

would always remind them she had once participated and reminded them not to give up. Kathy watched sports for at least 70 years even competing in barrel racing. During her youth, she was a ranch hand for her father, baled hay, ran farm equipment, fixed fences, rode horses, and fed cattle and other stock at the Deane ranch. Her favorite past time included beading, watching boxing on ShowTime or HBO, horse racing, and playing poker machines at all the casinos. She always encouraged education endeavors among her family.

Kathy is survived by her children, grandchildren, and great-grandchildren. Her son Dr. Lanny Real Bird, and daughters Natalie Real Bird and Rhea Real Bird. Her grandchildren Jace Real Bird Old Elk, Sunny Day Real Bird, Sage Real Bird, Madonna (Terrell Luke) Robinson, Karis Jackson (Leo Bull Child), Lance Yellow Mule, Tommy Real Bird, and Nick (Gabrielle) Real Bird. Great grandchildren, Mecca, Amaya, Jackson Sun Down Bull Child, Amazing Day Real Bird, Trey Don't Mix, Whitney and Reese Robinson, Canyon and Lovey Old Elk, Amar'e, King, Nick Jr, and Kinslee Real Bird, Ayden Andria, A'Raya, Aybrille, and Arbella Yellow Mule.

Kathy was preceded in death by her husband, Edison Real Bird; her parents William (Bill) Deane, Jr.; mother Leona Yellow Bird Deane; aunt Cecilia Brown; aunt Fannie Perkins; and brothers Kenneth Deane, Sr.; Victor Deane, Joseph Deane, Gerald Deane; Evan Gillette; sisters, Marie Wells; Marcella White; Delores Wilkinson; Connie Deane; great-grandson Landon Real Bird; and everyone on the Ft. Berthold reservation who are all related in some way among the Hidatsa and Mandan. Please excuse us if we did not reference your names during this difficult time.

All her nieces and nephews were very special to her, they included the families of the White, White Bear, Wells, the Matt (Screech) Mason family, the Wilkinson, the Gerald and Kenneth Deane family, Evan Gillette family, The Yellow Birds, Bud Mason family, Packineau family, and Adeline Beaks Brunsell & great-grandchildren, they include the Martha Little Light family, Moccasin, and Real Bird families of the Apsaalooke she knew in tradition as her own children.

## *In Memory of*



### **JOLITA RAE MOUNTAIN**

(Woman Who Doesn't Look Back)  
MAY 15, 1967 - NOVEMBER 7, 2022

Jolita Rae Mountain, 55, of White Shield, ND, began her journey on November 7, 2022, in Minot, ND.

Jolita Rae Mountain, Woman Who Doesn't Look Back, was born on May 15, 1967, in Minot, ND to Ernestine Red Fox Mountain and Joseph R. Mountain Sr.

Jolita attended elementary school in Mandan and graduated high school from Bismarck High in 1985.

In 1986, she moved with her mom to Grand Forks/East Grand Forks, where she worked at a number of different jobs. It was at this time that she continued her fierce independent ways and settled down and married Kriss Grinolds in May of 1994.

From that union came Tyler Lee Wolfgang Grinolds and Erin Brenna Marie Mountain Grinolds. During this time, she opened her heart and home to her niece Linda "Cissy" Jeanotte and nephew Edison Redday.

Jo and family moved to Eau Claire, Wisconsin where she attended college and earned her Bachelor's degree in Native American Studies and an Associate's degree in Psychology from the University of Wisconsin, Eau Claire, in 2002.

While attending college she was part of the Native American Culture Club, which she enjoyed very much. After receiving her degrees, Jolita and her family moved to Grand Forks.

In 2004, together, her and Kriss adopted her grandson Chaske Joaquin Mountain Grinolds. After the dissolution of her marriage in 2007, Jolita remained in North Dakota where she worked various jobs, including RA at United Tribes Technical College.

In 2018, she became a first-time grandmother to Marley, who she loved and enjoyed spending time with. In 2019, she welcomed her second granddaughter, Leah, whom she loved just as much.

For the last few years, she made her home in White Shield until the time of her death. During this time, she was supported in her quest for sobriety by the staff of Safe Haven and her family who lived there. She was very proud that she battled the disease of

addiction and won that battle this past year.

Jolita enjoyed spending time with her beautiful grandbabies, doing adult coloring books, word finds, reading gothic mystery horror books and watching horror movies.

She was so proud of her children Tyler, Erin, and Chaske and loved them more than anything.

Jo is survived by her children, Tyler (Deunan) Grinolds, Erin (Jordan) Grinolds, Chaske Grinolds; granddaughters, Marley and Leah; siblings, Joseph R Mountain Jr, Jewel (Frank) Felix, Linda (Bill) Gourneau, Sandra (Mike) Fox, Jacki (Mark) Howling Wolf, Beverly Luger, Lorraine Talks, Ila Painte; and numerous nieces, nephews, and grandchildren.

She is preceded in death by her maternal grandparents, Ernest Red Fox and Veda Azure Red Fox; paternal grandparents, Moses and Edith Morrisette Mountain; her mother, Ernestine Red Fox Mountain; father, Joseph Mountain Sr.; siblings, Brenda Bradfield Jeanotte, Glen Todd Fox, Francine Lamrose and Stacey Lynn Mountain.

Wake was held November 13, 2022, at 5 p.m. at the Ralph Wells Community Center, White Shield ND. Funeral Monday, November 14, 2022, at 11 a.m. with interment to follow at St. Paul's Episcopal Church Cemetery, White Shield, ND.

Meal to follow at the Complex.



# Merry Christmas

**DECEMBER 16, 2022**

**FRIDAY • 4:00 PM**

**RALPH WELLS JR. COMMUNITY COMPLEX  
WHITE SHIELD, ND**

**WHITE SHIELD SCHOOL  
CHRISTMAS PROGRAM**

**COMEDIAN ADRIANNE CHALEPAH**

**DINNER SERVED AT 5:30PM**

**CANDY BAGS FOR CHILDREN**

**DOOR PRIZES**

**GIFT CARDS ONE PER  
HOUSEHOLD WITHIN  
WHITE SHIELD COMMUNITY**



M H A Nation

FRI DEC. 16TH

# ELDER'S CHRISTMAS PARTY

*"A Winter Wonderland"*

4 Bears Casino, Event Center,  
11:00am-2:00pm

SPECIAL GUEST



**Disbursement  
Check  
Pickup!**

**Door  
Prizes!  
Food!**

## THE FAB FOUR - THE BEST

## BEATLES TRIBUTE BAND

Ten Vendor Spots Available  
Call 701-421-5804 to reserve

Sponsored by the Office  
of Chairman Mark Fox

# SPORTS SECTION

NOVEMBER / DECEMBER 2022

## White Shield athletes in USPA Power Lifting Meet

Submitted By: Megan Blacksmith

This past Fall Jason Dudley, Neo Everett, Mike Red Tomahawk, Matt Howling Wolf, Megan Blacksmith, and Anne Morsette went to Fargo to compete in a USPA powerlifting meet. The meet consists of 3 movements; Squat, Bench, and Deadlift. You are divided up in weight, age, and gender categories and you have 3 attempts for each lift. This is a tough sport but very motivating and inspiring. It started with just Matt Howling Wolf but have been continuing to grow as a community and showing others that anything's possible with hard work and consistency! Their next meet will be in the spring where they will be at a 3 day meet in Dickinson.



## A White Shield coronation

By: JAMES C. FALCON

Hunter Felix and Kennedy Esquibel were named Homecoming King and Queen for White Shield Friday September 1 during halftime of the White Shield vs. New Town game.

Other members of the homecoming court were Riley Esquibel and Owen Hosie for king and Image Everett and Chloe Bearstail-Fox for queen.



A special congrats to Sheldon rush for taking 1st place in the boys second grade division and Ghost Trail Woman Perkins for taking 1st place in the girls third grade division at the fitness and Rec state meet There was over 11 schools including a South Dakota team. Coaches Bears Star and Jeffery Bearstail.

Homecoming King Hunter Felix & Homecoming Queen Kennedy Esquibel



**NHSC MENTOR:  
ELISSA ARGENT**

**OFFICE: 701-742-4552  
CELL: 701-897-6247**

**MENTOR SITE  
(IN OLD COMPLEX)  
MON-FRI 8:30AM-4:30PM**

## **WHITE SHIELD NHSC SITE**

We are now accepting applications for our Spring 2023 semester. Applications are due by November 15th and documents are due by December 10th. Apply now at [www.nhsc.edu](http://www.nhsc.edu)

NHSC officially offers a B.A. in Business Administration and Management now. We received approval from the Higher Learning Commission and we will begin to offer courses for the bachelor's program this coming Spring semester. Registration is now open for students that want to enroll in this program.

NHSC has been selected to host the 2023 AIHEC Basketball tournament. The tournament is for Tribal Colleges and Universities and will be held March 30-April 2. Check out our website to learn more information about the tournament - Basketball Tournament - NHS College

NHSC will be celebrating 50 years of impact in May 2023. We will be holding campus town hall events soon for community members, NHSC Alumni and others to attend to help with our planning process. Please watch the NHSC Facebook page and our website for updates on the community planning events.

Fall 2022 graduation will be held on December 16th at 10:00am in the 4 Bears Casino Grand Ballroom.

What's happening at NHSC? Check out a few of our upcoming events happening during November and December-

- a. November 1st – NHSC College Talk on Facebook live – 11:00am-12:00pm
- b. November 1st - NHSC Men's and Women's away basketball game vs UTTC
- c. November 2nd – Salsa Verde making class – Diabetes Center Kitchen – 5:30pm-8:30pm
- d. November 3rd – NHSC will be at New Town high school over lunchtime
- e. November 3rd – NHSC advisors and students to attend UND Career Exploration day in Grand Forks
- f. November 4th – Community Stakeholder Event for UND Geothermal Collegiate Competition – Northern Lights – 3:30pm-7:30pm
- g. November 5th – NHSC Men's and Women's home basketball game vs Jamestown
- h. November 8th – NHSC Men's and Women's home basketball game vs Alumni
- i. November 8th – Lunch and Learn – Lunch with the President -
- j. November 9th – NHSC Men's and Women's home basketball game vs Dickinson St
- k. November 11th – No School – Veteran's Day
- l. November 15th – NHSC College Talk Facebook live – 11:00am-12:00pm
- m. November 15th – 2023 Spring application due date
- n. November 15th – NHSC Alumni gathering – 12:00pm-1:00pm
- o. November 17th – NDSU Indigenous Student Day – NHSC taking students to the event
- p. November 18th – Financial Aid Friday – 1:00pm-4:00pm
- q. November 18th – NHSC Men's and Women's basketball game away vs Red Lake Tribal College
- r. November 19th – NHSC Men's and Women's basketball game away vs Red Lake Tribal College
- s. November 20th – NHSC Men's and Women's basketball game away vs TMCC
- t. November 21st – STEM Symposium at New Town high school – 4:00pm-7:00pm
- u. November 22nd – NHSC Men's and Women's basketball game away vs Dickinson State
- v. November 23rd – 25th – No School – Thanksgiving Break
- w. November 28th – NHSC Men's and Women's basketball game home vs Bottineau

- x. November 29th – NHSC College Talk Facebook live – 11:00am-12:00pm
- y. December 2nd - NHSC Men's and Women's basketball game away vs Sisseton
- z. December 2nd – Don't forget about your Financial Aid day – 9:00am-12:00pm
  - aa. December 3rd - NHSC Men's and Women's basketball game away vs Sisseton
  - bb. December 5th-9th – Fall Finals Week
  - cc. December 7th - NHSC Men's and Women's basketball game away vs Bottineau
  - dd. December 9th - NHSC Men's and Women's basketball game away vs FLBC
  - ee. December 10th - NHSC Men's and Women's basketball game away vs FLBC
  - ff. December 10th – NHSC Holiday Arts and Crafts fair
  - gg. December 12th – Early Spring Registration – 9:00am-6:00pm
  - hh. December 13th – Early Spring Registration – 9:00am-6:00pm
  - ii. December 13th – NHSC College Talk Facebook live – 11:00am-12:00pm
  - jj. December 16th – NHSC Fall Graduation – 10:00am – 4 Bears Casino Grand Ballroom
  - kk. December 19th- January 3rd – Holiday Break - Campus closed

All Chiefs Society, sponsored by our Native American Studies department, is an organization that is not only open to NHSC students, but it's opened to all community members as well. All Chiefs Society holds meeting every Wednesday at the NHSC Cultural Center at 12:00pm. For additional information, you can contact our Director of Native American Studies, Shannon Gillis at [sgillis@nhsc.edu](mailto:sgillis@nhsc.edu).

We have openings for our NAS and NACTEP cohorts for our upcoming Spring semester. Both cohorts are available for students that are registered for the Spring semester. For additional information on each cohort contact Iman Moore for NACTEP or Shannon Gillis for NAS, or you can also go to [www.nhsc.edu/students/student-cohorts](http://www.nhsc.edu/students/student-cohorts).

Did you know that recent Fort Berthold High School graduates can qualify to receive a tuition waiver if they attend NHSC during the first year after they've graduated High School? For more information, you can talk with our Students Accounts Coordinator, Sasha Sillitti at [ssillitti@nhsc.edu](mailto:ssillitti@nhsc.edu)

Are you interested in obtaining your GED? NHSC can help! Check out our website at [www.nhsc.edu/degrees-certificates/ged/](http://www.nhsc.edu/degrees-certificates/ged/) for additional information. Or you can contact the following individuals:

- a. NHSC Main Campus  
Betty Lockwood at 701-421-0034 [blockw@nhsc.edu](mailto:blockw@nhsc.edu)
- b. White Shield Liaison  
Elissa "Elise" Argent at 701-743-4552 [eargent@nhsc.edu](mailto:eargent@nhsc.edu)
- c. Mandaree Liaison  
Frances "Buffy" White at 701-759-3528 [fwhite@nhsc.edu](mailto:fwhite@nhsc.edu)
- d. Parshall Liaison  
Delrene "Susie" Simpson at 701-862-2106 [dsimps@nhsc.edu](mailto:dsimps@nhsc.edu)

Are you a former NHSC or FBCC student and want to join our Alumni group? Reach out to our Alumni team at [alumni@nhsc.edu](mailto:alumni@nhsc.edu) for additional information.

Want to join the NHSC team? We have a number of jobs currently open and would love for you to join our team. Check out our [www.nhsc.edu/jobs](http://www.nhsc.edu/jobs) to apply.

- a. Computer Science Instructor
- b. Engineering Instructor
- c. Director of Sponsored Programs
- d. Library Assistant
- e. Tutor (English, Math, Science, Psychology and/or Computers)
- f. National Endowment for Humanities Rescue Intern

Interested in playing for the Storm Athletics program? Contact our Athletic Director Kyle DeCoteau @ [kdecoteau@nhsc.edu](mailto:kdecoteau@nhsc.edu). We have Athletic tuition waivers available on a first come, first serve basis. Contact Kyle early to sign with us and apply for your tuition waiver! We are accepting applications for our Spring 2023 semester.

- a. Basketball
- b. Golf
- c. Cross Country



**Anyone experiencing mental health-related distress  
(suicide, mental health, and/or substance use crisis) can call, chat, or text 988  
for free and confidential support.**

The 988 Suicide & Crisis Lifeline consists of over 200 locally operated and funded crisis centers.

Each 988 contact is answered by a trained crisis counselor who will listen & support each person through their distress with a focus on de-escalation, safety planning, and coping skills.

All 988 services are provided through phone, on-line chat, or text. When an in-person response is needed, a transfer to another service such as a mobile crisis or emergency services will be used.

How is 988 different from 911?

988 was established to improve access to crisis services in a way that meets our country's growing suicide and mental health related crisis care needs. 988 will provide easier access to the 988 Suicide & Crisis Lifeline and related crisis resources, which are distinct from 911 (where the focus is on dispatching Emergency Medical Services, fire and police as needed).



Elbowoods Memorial Health Clinic  
Rhonda Medicine Crow  
(701) 627-7745  
[rhonda.medicinecrow@ihs.gov](mailto:rhonda.medicinecrow@ihs.gov)

**The 988 dialing code is one step toward strengthening and transforming crisis care across Indian country. It serves as a universal entry point; you can reach a trained crisis counselor who can help.**

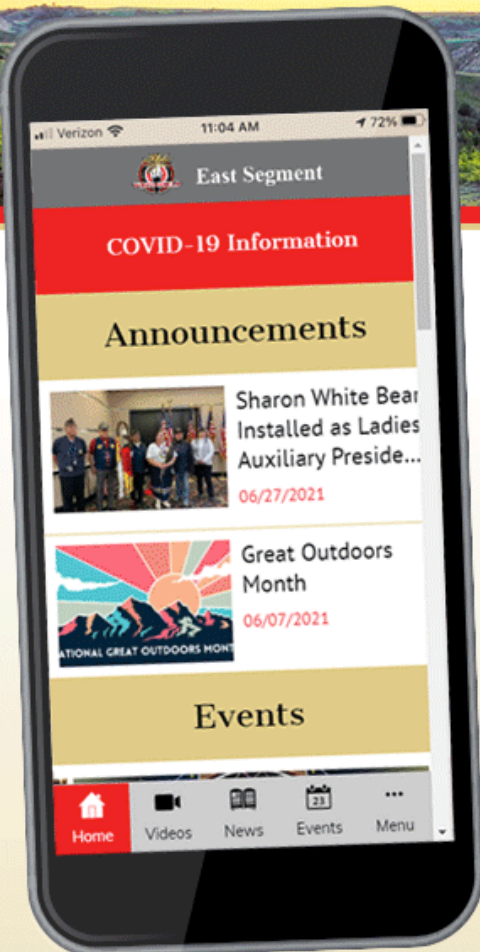
### ***Tribal Communities & Partnership with 988***

- Check your state's Department of Health, local call center, or 988 Implementation Coalition, to see how you can get involved.
- Partner with local crisis service providers to ensure culturally appropriate services.
- Develop culturally aware mobile crisis response teams for tribal communities.
- Establish tribally specific crises service centers to become part of the 988 Suicide & Crisis Lifeline.
- To find the nearest crisis center and their contact information, go to [988lifeline.org/our/network](https://988lifeline.org/our/network).

*988 Lifeline - call or text 988, chat @ [988Lifeline.org](https://988Lifeline.org)  
988 partner information: [www.samhsa.gov/find-help/988](https://www.samhsa.gov/find-help/988)*

*If you or someone you know is in imminent danger, need immediate medical assistance, or has possibly overdosed, call 911.*





The **White Shield East Segment** app is your community connection **at home and on the go.**



Powered by *Native REACH*



### PET GROOMING

We provide grooming based on the weight of your pet.

- Bath & Blow Dry
- Cut/Trim Nails
- Eyes (staining)
- Ears (Cleaning & Hair removal)
- Sanitary Area

### KENNELING (LIMITED)

We kennel dogs all sizes & Cats all sizes  
 1/2 day = 8 hours of Kenneling \$15.00  
 Full day= 24 hour of Kenneling \$30.00  
 1st dog \$22.00 2nd dog

**YOU ARE WELCOME TO TAKE A TOUR**  
 Just give me a call.  
 701-337-6333

#### MHA NATION FORT BERTHOLD RESERVATION CERTIFICATION OF RESULTS OF THE NOVEMBER 8, 2022 GENERAL ELECTION

Pursuant to Part VII, Section 5 of the Election Ordinance and Article IV, Section 3(c) of the Constitution of the Three Affiliated Tribes, the Tribal Election Board hereby formally certifies the Official results of the November 8, 2022 General Election of the Three Affiliated Tribes as follows:

CANDIDATE	VOTES
<b>FOUR BEARS SEGMENT REPRESENTATIVE*</b>	
EDWARD "TYKE" DANKS JR.	179
ROBERT WHITE	208
<b>TRIBAL CHAIRMAN**</b>	
MARK N. FOX	1,522
TEX HALL	1,084

*Robert White* (is declared the winner in the November 8, 2022 General Election and shall be the Four Bears Segment Representative of the Tribal Business Council.)

\*\*Mark N. Fox (is declared the winner in the November 8, 2022 General Election and shall be the Tribal Chairman of the Tribal Business Council.)

Dated this 9<sup>th</sup> day of November, 2022

#### TRIBAL ELECTION BOARD

/s/ <i>Cheryle Good Bird</i> Cheryle Good Bird, Chairperson	/s/ <i>Veronica Serdahl</i> Veronica Serdahl, Member
/s/ <i>Noreen Two Crow</i> Noreen Two Crow, Member	/s/ <i>Kevin Finley</i> Kevin Finley, Member
/s/ <i>Marc Bluestone Sr.</i> Marc Bluestone Sr., Member	/s/ <i>Holly Felix</i> Holly Felix, Member
/s/ <i>Yvonne White Bear</i> Yvonne White Bear, Member	

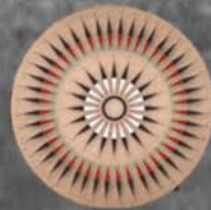
# Arikara Language Class

## Every Thursday

### 5PM-7PM

By the Culture & Language  
Department

Hosted at the MHA Interpretive  
Center



## WHITE SHIELD CHURCHES

### ARIKARA CONGREGATIONAL CHURCH

Worship & Sunday School: 10:00am

Pastor Kathy Holmes

### SACRED HEART CATHOLIC CHURCH

Saturday Mass: 4:30pm

Father Basil Atwell

(701) 463-2327 (Parish Office)

## ARIKARA FITNESS & REC CENTER

### FITNESS MANAGERS

Megan Blacksmith  
701-421-0895

meganblacksmith@mhanation.com

Mark Nolan  
701-421-2557

mnolan@mhanation.com

Matt Howling Wolf  
701-421-5053

matthowlingwolf@mhanation.com

## **REC CENTER PRICES**

\$3 for Children

\$5 Adults 18+

Memberships

\$30 Single/Month

\$100 Family/3 Months

Golf Simulator

\$10 Per Person





# WHITE SHIELD STAR WORD FIND

U B L A C K F R I D A Y U E X G M D J P  
I B D F X S Y M S X D D H T O Q A P S A  
H Y A S A J H Z B T W Y R F N B S L N N  
A J Y N P M H O E L U Z G A B Z H I X C  
P S L O L W I U P J I F K P X X E F R I  
P W I W T W U L N P U Z F H R D D O J J  
Y E G F H A I M Y T I Y Z I K Z P O J G  
H E H A A M N N P G I N E A N Y O T G Q  
O T T L N K A L T U A N G L R G T B P R  
L P S L K W J R Y E M T G M K D A A Z G  
I O A W S B N L I D R P H S G G T L S S  
D T V T G Y Z F I N S S K E E P O L Q L  
A A I T I F B R A T E K O I R A E X L E  
Y T N V V N I Y W U I C A L N I S G Y D  
S O G Y I Z G H F R K B O N S P N O K D  
R E S V N Y N F Z K R D X R M T I G N I  
V S T X G H X D P E M E C Q P F I E G N  
V M I Y N E U E T Y A E I Y A S U C Y G  
T F M Y I C R A N B E R R I E S K C E F  
I D E H G M A E V E T E R A N S D A Y E

BLACK FRIDAY

BLIZZARD

CRANBERRIES

DAYLIGHT SAVINGS TIME

FAMILY GATHERING

FOOTBALL

HAPPY HOLIDAYS

HUNTING SEASON

MARINE CORPS

MASHED POTATOES

PUMPKIN PIE

SHOPPING

SLEDDING

SNOWFALL

STUFFING

SWEET POTATOES

THANKSGIVING

TURKEY

VETERANS DAY

WINTER SOLSTICE

Happy  
Birthday  
to our  
Elders

**October Birthdays**

- James Whitman-Blue Bird (10/2)
- Debra Dickens (10/7)
- Kimberly Lewis (10/10)
- Elaine Yellow Bird-Fox (10/11)
- Alva Wilkinson (10/15)
- Diana Poitra (10/17)
- Glenn LaCroix (10/21)
- Pete Coffey (10/26)
- Joyce Nolan (10/28)

**November Birthdays**

- Wallace Hosie, Sr. (11/2)
- Sandra Gillette (11/3)
- Rhoda Star (11/6)
- Fredman Everett, Sr. (11/7)
- Diane Monogram (11/9)
- Charles Wilkinson (11/13)
- LuJuanna LaCroix (11/15)
- Donald Dickens (11/27)

**December Birthdays**

- Bobbette Fox-Bruce (12/4)
- Janice Star (12/12)
- Neil Karlson (12/15)
- Donna Poitra (12/17)
- Nancy Fox (12/25)
- Ardith Esquibel (12/29)

*Apologies if we missed anyone  
It was not our intention*

**WHITE SHIELD  
SENIOR MEALS**

**701-421-4121  
DELIVERY  
OR PICK-UP  
11:30AM - 12:30PM**

WHITE SHIELD OFFICE		
Councilman Fred Fox	fredfox@mhanation.com	701-421-9355
Greta Hosie	gretahosie@mhanation.com	701-421-8286
Heather Bearstail	hdickens@mhanation.com	701-421-1396
Morley Howling Wolf	mhowlingwolf@mhanation.com	701-421-1160
David Blacksmith	dblacksmith@mhanation.com	701-421-6507
RECORDS OFFICE		
Executive Secretary		701-627-8248
Mike Stevens	mstevens@mhanation.com	701-627-8111
NEW TOWN OFFICE		
Main Phone		701-627-8248
Fax Line		701-627-2093
BISMARCK SATELLITE OFFICE		
Main Phone		701-751-0456
Fax Line		701-751-1972
Sharissa Wells	slwells@mhanation.com	701-421-8985



Please email stories and photos (with credit) to:  
**editor@whiteshieldstar.com**

**DEADLINE FOR SUBMISSIONS: 10TH DAY OF THE MONTH  
FOR THAT MONTH'S ISSUE**

**MHA NATION COMMITTEES**

EXECUTIVE COMMITTEE		
Chairman Mark Fox (Chair)	chairmanfox@mhanation.com	701-627-4781
Cory Spotted Bear (Vice Chair)	coryspottedbear@mhanation.com	701-938-4403
Fred Fox (Executive Secretary)	fredfox@mhanation.com	701-627-8248
Mervin Packineau (Treasurer)	mpackineau@mhanation.com	701-627-8216
JUDICIAL COMMITTEE		
Monica Mayer (Chair)	mmayer@mhanation.com	701-627-3456
Fred Fox (Member)	fredfox@mhanation.com	701-627-8248
Robert White (Member)	rwhite@mhanation.com	701-627-8109
HEALTH AND HUMAN RESOURCES COMMITTEE		
Monica Mayer (Chair)	mmayer@mhanation.com	701-627-3456
Fred Fox (Member)	fredfox@mhanation.com	701-627-8248
Robert White (Member)	rwhite@mhanation.com	701-627-8109
EDUCATION COMMITTEE		
Monica Mayer (Chair)	mmayer@mhanation.com	701-627-3456
Sherry Turner-Lone Fight	sturner-lonefight@mhanation.com	701-759-3377
Robert White (Member)	rwhite@mhanation.com	701-627-8109
ECONOMIC DEVELOPMENT COMMITTEE		
Robert White (Chair)	rwhite@mhanation.com	701-627-8109
Sherry Turner-Lone Fight	sturner-lonefight@mhanation.com	701-759-3377
Monica Mayer (Member)	mmayer@mhanation.com	701-627-3456
ENERGY COMMITTEE		
Fred Fox (Chair)	fredfox@mhanation.com	701-627-8248
Cory Spotted Bear (Member)	coryspottedbear@mhanation.com	701-838-4403
Monica Mayer (Member)	mmayer@mhanation.com	701-627-3456
CULTURAL COMMITTEE		
Sherry Turner-Lone Fight (Chair)	sturner-lonefight@mhanation.com	701-759-3377
Mervin Packineau (Member)	mpackineau@mhanation.com	701-938-8216
Robert White (Member)	rwhite@mhanation.com	701-627-8109
NATURAL RESOURCES COMMITTEE		
Cory Spotted Bear (Chair)	coryspottedbear@mhanation.com	701-938-4403
Fred Fox (Member)	fredfox@mhanation.com	701-627-8248
Monica Mayer (Member)	mmayer@mhanation.com	701-627-3456

1804 C-STORE	
Main Phone	701-743-4022
WHITE SHIELD COMPLEX	
Main Phone	701-743-4244
Gary Dickens	701-898-8946
NEW RALPH WELLS, JR. COMMUNITY CENTER	
Main Phone	701-743-4637
Glenn LaCroix	701-421-7585
Harry LaCroix	605-222-8974
PJ DeMarce	701-421-7098
Megan Blacksmith	701-421-0895
Mark Nolan	701-421-2557
Matt Howling Wolf	701-421-5053
NISHU ELDER LODGE	
Main Phone	701-743-4050
Helen Krueger	701-898-8609
Glenise Bearstail	701-897-1163
Jayden Cisneros WB	701-421-2646
WHITE SHIELD SENIOR MEALS	
Main Phone	701-743-4121
REE LODGE MANAGEMENT	
Main Line	701-743-4120
JoDell Fox	Ext 225
Chris Everett	Ext 226
WHITE SHIELD FIELD CLINIC	
Main Phone	701-743-4380

SECURITY	
James Miller	701-421-7099
POLICE DEPARTMENT	
TAT Police Department	701-627-3617
DEPARTMENT OF TRANSPORTATION	
Main Phone	701-627-2832
RURAL WATER	
Main Phone	701-627-8185
ENVIRONMENTAL DEPARTMENT / PESTICIDES	
Main Phone	701-627-4569
ELBOWOODS HEALTH CENTER	
Main Phone	701-627-4750
Fax Line	701-627-4496

BIA NEW TOWN	
Main Phone	701-627-4707
Range	701-627-6532
LEGAL SERVICES NEW TOWN	
Main Phone	701-627-4719
Toll Free	1-877-639-8695
TAT FINANCE	
Main Phone	701-627-8224
Fax Line	701-627-2811
TAT ENROLLMENT	
Main Phone	701-627-4238
TAT SOLID WASTE	
Main Phone	701-627-2034
ANIMAL CONTROL	
Delia Blake	701-421-5214
Travis Jensen	701-421-8906
TRIBAL COURTS	
Main Phone	701-627-4803
SOCIAL SERVICES	
Main Phone	701-627-8165
477	
Main Phone	701-627-4455
GARRISON CENEX	
Main Phone	701-463-2256
GARRISON STATE BANK & TRUST	
Main Phone	701-463-2262
MCLEAN ELECTRIC	
Main Phone	701-463-2291