

TWIN BUTTES TIMES

The South Segment administration will strive to serve members of the South Segment living both on and off the Fort Berthold Indian Reservation, to further their living standard, promote self-sufficiency, sustainable energy, and food sustainability within the tradition of the Mandan, Hidatsa, and Arikara Nation.



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2017 NATIVE AMERICAN HALL OF HONOR INDUCTEE

Councilman Spotted Bear and the Twin Buttes Staff would like to congratulate Pete Fredericks for being inducted into the Native American Hall of Honor, in Bismarck, ND

Here is Councilman Spotted Bears letter of support for Mr. Pete Fredericks:

Dear Honorable Commissioner Scott Davis and the North Dakota Native American Hall of Honor Representatives,

My name is Cory Spotted Bear. I am the Twin Buttes Tribal Business Council Representative, a leader for the Three Affiliated Tribes a.k.a. MHA Nation. It is my highest honor to write this letter in support of our beloved elder and North Dakota Native American rodeo champion, Pete Fredericks.

I want to start out by telling you I have tremendous respect for Pete. I have known Pete all my life. As a young man growing up in a Native American community it was important to have heroes, male and female figures in the community, respectively, that we modeled our actions after. Pete Fredericks has always been a man I have looked up to in this manner. I admire his character. Today I am a young leader of our community, when I see Pete and his wife Sylvia it always makes me feel good. Pete is a highly decorated individual and his many accomplishments are a gauge of success for

all North Dakotans.

The greatest reason I look up to Pete Fredericks is because he has the heart of a champion. He is a gracious winner. He showed us all what's possible to accomplish. Pete grew up riding horseback and ranching in the Twin Buttes community. Like many of his era, Pete never had much in material wealth, but he was rich in his traditions and all that time he spent growing up on a horse paid off.

In 1953, at the young age of 17, Pete won the National High School Bareback Championship in Rapid City, South Dakota. It was at this High School rodeo where Pete covered "Fan Dancer," a previously un-riden bucking horse. Yes, Pete could ride what many claimed were the "un-rideable." In 1955, Pete brought home to Twin Buttes the National High School Rodeo All-Around Cowboy Championship. Finishing 1st place champion over-all in the saddlebronc competition, 2nd place in the bareback competition, and 2nd place in the steer-wrestling all at the same rodeo. It was during this time Pete won a brand-new horse trailer for his first National All-Around Cowboy award. He told me how great it felt when he hooked up to his new trailer and pulled it home. He smiled and said the old worn down trailer he took down there barely made the trip and he wasted no effort pulling that old thing home!

In 1957 Pete won the All-Around and Saddlebronc Championship at Penn Rose Stadium in Colorado. It was in 1958 when Pete transferred from New Mexico State



Pete Fredericks (Charging Eagle) - won at the National College Finals while attending Dickinson State College.

College to Dickinson State College, active in rodeo and playing collegiate basketball. It was here at DSU where Pete played the key role in organizing Dickinson State's first Rodeo Team and the college won the Rocky Mountain Region Championships. Pete was the Saddlebronc, Bareback, and Steer-Wrestling Champion for the Rocky Mountain Region. In 1961 at 25 years old, Pete qualified for his first National Finals Rodeo (NFR) in the Saddlebronc and Bareback Riding competitions finishing 4th in the world, just \$3,500 down from 1st

(continued on page 4)

COUNCILMAN SPOTTED BEAR'S GREETINGS

**Hau, numakaki
aame. Waa
onatka shiini
waka'ni
wahuuro'nito'sh.**

*Hello everyone. I come with
a good heart*

Well, I hope everyone is enjoying the first days of Fall. As for my family and I, we have been enjoying watching our Twin Buttes runners compete in the elementary cross-country races. Our little sonny boy Niibwin is running for the Twin Buttes Eagles and keeps us entertained. It's good to see all our little runners out there giving it their very best. A big "thank you" to the coach, the school, bus drivers, and all involved.

After an unusually dry summer, we have been getting some decent rainfall this late Summer/Fall. Being Three Tribes gardening/farming people the rain is a blessing and a life giver. The precipitation has put our community construction projects back a few days, maybe weeks, but none-the-less, we are thankful for the blessings from the sky.

Construction is in full swing these days here in Twin

Buttes. There are many visitors who come to our community and comment on the busy atmosphere here. There are multiple initiatives going on here simultaneously. Currently in Twin Buttes we have 42 miles of water distribution line being installed and nearly completed. We have approximately \$7.5 million in paving our roads, streets, and parking lots underway with curb and gutter, sidewalks, and boulevards. A big "thank you" to our Three Affiliated Tribes and the members of the Tribal Business Council for contributing substantially to our paving needs in the South Segment of Fort Berthold! We have all the components of our west housing neighborhood improvements being constructed, our Twin Buttes Elder's Activity Center is moving along nicely. I stopped over there this morning and they were pouring the floor of the entire building. In a week or two we will begin to see the exterior walls go up. Soon the dirt work for reclamation of two abandoned lagoons will kick off. Another big "thank you" to our Tribe for supporting us with \$625,000 to reclaim and repurpose two abandoned wastewater lagoons. The larger lagoon will be repurposed for a community juneberry and fruit tree orchard and the other lagoon will be repurposed for a community garden initiative area.

We have a new water treatment plant project currently in the



Councilman Spotted Bear with the Twin Buttes Elders

bidding process. Another big "thank you" to our Tribe for supporting this initiative. A new upgraded water treatment plant is badly needed as we grow and develop our community we need a plant that can keep up and surpass our infrastructure needs. Our current plant operates approximately 11 hours out of a 24 hour day at a rate of 50-60 gallons of treated water per minute. The new plant will have a much larger treatment capacity raising our levels to 300-350 gallons a minute with the ability to move to 600-650 gallons per minute when needed. All our current development plans are considering the increased capacity treatment plant. In the meantime we will not put our community water users in any type of water shortage as we wait for the new water treatment plant to come on line. The two areas we will need for watering the grass are the new softball field and the multipurpose sports field. Both are constructed with a sprinkler system. When our juneberry orchard gets planted next spring it will be designed with a drip-hose type of low water usage irrigation system. We are implementing these types of initiatives so our community has local opportunity to recreate our local economy. The expected time for the new upgraded water treatment plant to begin treating water is about one year.

Although we have created new businesses and many new housing units, our community eagerly anticipates the use of some of the new recreational areas currently under construction. The children of our community will benefit with more positive options for activities. Active youth are healthy youth and we promote healthy activities here in Twin Buttes! Our progress will benefit the youngest to the oldest members of our community. If anyone has any questions about the activity going on in our community or any other questions or concerns please give me a call at 701-421-0174 or call either one of our segment offices in Twin Buttes or New Town. We will be happy to keep you informed and address all and any concerns. Please keep it positive as we move forward with Thought, Prayer, and Action. (That's all for now.)

Aho, a'taro'sh.

(That's all for now.)

Councilman

Cory Spotted Bear

Twin Buttes Representative



Twin Buttes kids enjoying a ride around the community

TWIN BUTTES ELDERS VISIT DOUBLE DITCH MANDAN VILLAGE

article and photos submitted by Amy Mossett

An enthusiastic group of tribal elders embarked on a day long cultural excursion from Twin Buttes to Bismarck to visit their ancestral Mandan homelands on September 7. The Twin Buttes Elders Organization accepted an invitation from the State Historical Society to visit Double Ditch State Historic site to check the progress of a multi-million dollar bank stabilization project which is currently underway to prevent the Double Ditch Mandan Village from eroding into the Missouri River streambank.

Double Ditch State Historic Site was home to one of the largest earthlodge villages on the Missouri River. Thousands

of other trade goods, they established a major trade center which flourished on the Northern Plains. In the 1780s, smallpox ravaged the village populations in the Heart River region and the Mandan people on both sides of the Missouri River moved north.

Double Ditch has been maintained and protected by the State Historical Society since it became a historical site in 1936. Following the 2011 flooding, the land between the village site and the Missouri River became unstable causing the streambank to slump toward the river. Deep fractures formed along the site and rotational slumping exposed burials. The State Historical Society requested major funding from the State Legislature and after extensive testimony was presented by passionate individuals, organizations, and leaders, including



Twin Buttes Elders inside the Double Ditch Village Cyclorama at the Heritage Center (photo Jenna Henry)

of Mandans lived, farmed, died and were buried at Double Ditch or “Yellow Earth Village” during 300 years of continuous occupation from the late 1400s to the late 1700s. The Mandans were successful agriculturalists who established permanent earthlodge villages on both sides of the Missouri River near its confluence with the Heart. They grew an abundance of corn, beans, squash and sunflowers in the fertile floodplain and with their surplus crops and

Twin Buttes Councilman Cory Spotted Bear, the Twin Buttes Elders Organization and others, the 2013 and 2015 North Dakota Legislative assemblies appropriated \$3.5 million to stabilize over 2000 linear feet of slumping river bank between Double Ditch and the Missouri River.

On September 7, the Twin Buttes elders and Councilman Spotted Bear were escorted into the bank stabilization construction zone by Fern Swenson, Director of the State Historic Preservation and Archeology Division and accompanied by Mike Johnson of Atwell Engineering to learn how



Aerial view of the bank stabilization project at Double Ditch on Aug 22 (Photo Dwayne Walker SHSND)



Fern Swenson, Director of the SHSND Historic Preservation and Archeology Division discusses the Double Ditch stabilization project with members of the Twin Buttes Community.



Rita & Larry Burr and Bev & Dennis Huber at the entrance of Double Ditch State Historic Site

the project would prevent further erosion and to check the progress of the work. The project at Double Ditch is currently on schedule with completion expected in late October. Fern Swenson and the Director of the State Historical Society, Claudia Berg have made several trips to Twin Buttes to update the Tribal Elders on Double Ditch. An event will be held in Spring 2018 to celebrate the completion of the event and the Twin Buttes Elders organization will be involved in the planning process. Following the trip to the Double Ditch Historic Site, which is about eight miles north of Bismarck on ND Hwy 1804, the TBEO spent time in the First Peoples Exhibit at the Heritage Center. The exhibit features an extensive cyclorama of Double Ditch village and presents an historic depiction of what the village might have looked like at the pinnacle of its existence. The cyclorama includes audio—in Mandan—of Annie Eagle and others. Mandan garden songs and meadowlarks can also be heard if one sits long enough in the exhibit.

In the evening, the elders attended a reception and ceremony where tribal leaders, artists, and athletes were honored at the Heritage Center. Twin Buttes rancher, cowboy and elder—Pete Fredericks, was inducted into the Native American Hall of Honor and his fellow community members and elders were there to recognize, honor, and celebrate his extraordinary legacy. Pete Fredericks and others of his generation were responsible for the Twin Buttes “Home of the Champions” designation. All in all, the Twin Buttes Elders had a wonderful day back in the Mandan homelands and are hopeful that a large delegation from the Twin Buttes Community will be in attendance at the Double Ditch event in Bismarck next spring.

CONTINUED FROM PAGE 1: 2017 NATIVE AMERICAN HALL OF HONOR INDUCTEE



At age 25, Pete qualified for his first National Finals Rodeo in the saddle bronc and bareback riding competitions, finishing fourth in the world. He qualified again in 1962 and 1964.

place. Pete also qualified for the NFR in 1962 and again in 1964 in Bareback riding. In 1967 Pete organized the Indian National Finals Rodeo (INFR) Commission and had the first INFR Championship Rodeo at Salt Palace, Salt Lake City, Utah. Pete remains on the INFR Board of Commissioner and the INFR is now staged annually in Las Vegas, Nevada. In 1999 Pete was inducted into the North Dakota Cowboy Hall of Fame, Medora, ND. In 2012, he was inducted into the Oklahoma Pro-Rodeo Cowboy Hall of Fame, Oklahoma City, Oklahoma. In 2012 Pete was recognized as playing an integral part in Indian Rodeo history and was inducted into the INFR Cowboy Hall of Fame in Las Vegas, Nevada. With a decorated career on the national level, Pete continues to serve his rural community of

Twin Buttes, a population of less than 300 people. Pete formerly served as a chairman of the Twin Buttes Catholic Church, an MHA Elder's board member, and he has served as the Chairman of the Twin Buttes Community Board multiple times. In August of last year Pete hit the milestone of his 80th birthday. What I admire about Pete is his relentless spirit to keep going. Even in his older age Pete is one of the more active men in our community. It pleases me to see him continue to work his land on his rural farm and ranch 8 miles west of the Twin Buttes community. If you take a drive out west from Twin Buttes the odds are great that you will see Pete up on his machinery, farming, hauling hay, checking cows, or mending a stretch of fence line. Pete is what I call the "embodiment of

his people." Pete lives a good life, he lives how he would want his Native people to live, and I have never had a conversation with my friend Pete Fredericks that wasn't pleasant.

Twin Buttes is known far and wide as the "Original Home of the Champions." We have a logo that has a silhouette of a Native dancer, a basketball player, a golfer, and an Indian Cowboy. When I look at that logo and I see the silhouette of that stylish bronc rider with one hand on his buck reign and one hand in the air, I can see Pete in that logo, a champion and a role model for those of us that wish to be champions too. Please consider Pete Fredericks for your selection as an outstanding athlete in the sport of rodeo for your Native American Hall of Honor.



Pete performed buffalo hunting stunts on the 1990 hit film "Dances with Wolves"



*Hahoo, hire a'tare,
waashirahere'sh.
"Thank you."*

The DSU Cowboys & Candlelight will be honoring Pete Fredericks Saturday, November 4th Dickinson (The Elks Lodge)



Pete Fredericks with wife Sylvia and Collete Berg (MHA Director of Education)



a Prayer

by Pete Fredericks

I love you God the Almighty
Father in Heaven, Creator of all
Heaven and Earth

You created Heaven and
Earth with Your own hands
- everything in it, on it,
throughout it, and from it

You created the Sun, the Moon,
and all the Stars, and all the
atmospheric pressures of your
Universe, so that Heaven and
Earth will be forever, Almighty
Creator

But, I love you especially God
the Almighty Father for sending
Your only Son; Our Lord Jesus
Christ, down from the Heavens
to reign with us here on Earth, in
Your own image

So I love You dear Lord Jesus
Christ, Son of our Father, with
all my heart and soul forever
because you suffered and was
crucified, and died on the cross,
for us

And so the whole wide world
could have forgiveness of sins
and brought to everlasting life
through the Holy Eucharist

Your blessed Mother at Your
side, so I love you dear Mary
most Holy, Mother of Mercy, with
all my heart, and soul forever,
because you also have powers
of the Holy Spirit, and the Holy
Trinity

So I say my prayers everyday,
for the rest of my life, to you and
our Lord Jesus Christ so that I
can have a happier and better
life here on Earth - and still be
with the Almighty Father and
you in Heaven, when I pass on - if
it is in our Lord's will...

NUETA LANGUAGE INITIATIVE

MANDAN BANDS AND DIALECTS

The Mandan people used to be divided into 4 divisions, or bands, before the smallpox epidemic of 1781. These bands spoke three closely related dialects and lived in 6 to 9 villages at different time periods. The bands recognized that they were closely related, yet each one of them was politically independent and maintained a separate ceremonial structure.

The smallest dialect was spoken by the Awikaxa band, who were the southernmost Mandans. Their immediate neighbors to the south, in what is now South Dakota, were the Arikara with whom the Awikaxa were related by intermarriage. The Awikaxa always maintained friendly relations with the Arikara, even when the more northerly Mandan bands might have been warring with them. After 1781, the numerically much reduced Awikaxa found it difficult to resist the Sioux encroachment and, after a few years of cohabitation with the Arikara, moved in with the Nu'u'etaa, with whom they soon became assimilated.

The Nu'u'etaare, or Nu'u'etaa, were the largest band. They spoke a single dialect but lived in several villages. After the smallpox of 1781 they consolidated into a single village that also welcomed into their midst the formerly independent Awikaxa and Istoope.

The Istoope band, or Tattooed Faces, spoke the same dialect as the Nu'u'etaare; however, politically they were independent. The Istoope received their name from the distinctive tattoo marks on their faces. Like the Awikaxa, the Istoope moved in with the Nu'u'etaare some time after 1781 and by the time after the 1837 smallpox epidemic became assimilated by the Nu'u'etaa.

In the Plains sign language the most common gesture that designates the Mandan is reflected in the meaning of Istoope – Tattooed Faces. It is made by a scratching motion from the lower lip to the chin, as if painting vertical stripes there.

The Nuuptaare, or Nuuptaa, were a large band with their own dialect. Some of the early visitors, such as Prince Maximilian, have left us contrastive word lists in Nuuptaa and Nu'u'etaa dialects. The Nuuptaa dialect was still spoken by some in the 20th century and the last speakers of Nu'u'etaa all knew how to say some Nuuptaa words that sound markedly different from Nu'u'etaa.

Since the last fluent speakers of Mandan spoke the Nu'u'etaa(re) dialect, the name Nueta has become the most accepted generic term for the Mandan people and language. It is important, however, to remember that not so long ago it was the designation of only one of the four subdivisions of the Mandan people and only one of the tree dialects.



HIDATSA BANDS AND DIALECTS

Before the smallpox epidemic of 1837, the Hidatsa were divided into three divisions that spoke closely related yet noticeably different dialects. The three bands lived in three villages in the vicinity of the Knife River.

The Awadixaa band had the longest presence in the Missouri valley. According to their origin story, the Awadixaa were descendants of Charred Body, who came down from the sky in the form of an arrow. After he landed in the Painted Woods area, his descendants have been living in the vicinity ever since.

The Awaxa'wi and Hiraaca proper came from the east. According to their origin story, they used to live underground somewhere near Devils Lake. After they emerged from their subterranean country, the two bands separated and travelled all over the northern country until they separately arrived at the Missouri River near the Mandan villages. By that time they had spent so much time apart that their language had developed into two separate dialects.

After their arrival at the Missouri, the Awaxa'wi lived in several locations, every so often moving their village to a new location. The Hiraaca proper seem to have always stayed put at what is now called the Big Hidatsa Village at the Knife River villages.

The three Hidatsa bands recognized that they were closely related and were most of the time politically allied; however, each band maintained its ceremonial and political independence, which at times caused intratribal strife. There was a three-year period, for example, when the Awaxa'wi and Hiraaca carried out open warfare over the territory that lies north of the Knife River.

After the calamity of 1837 the numerically much reduced Awaxa'wi and Awadixaa moved in with the Hiraaca, who had been somewhat less affected by the smallpox. By the early 20th century there were only a few Awaxa'wi speaker left with the rest of the Awadixaa and Awaxa'wi descendants having adopted the dominant Hiraaca dialect. Consequently the inhabitants of the consolidated Hidatsa village of Like-A-Fishhook became known as the Hidatsa to the outside world.

Submitted by
Indrek Park
Nueta Language Initiative

A T H L E T I C S E C T I O N



The Fitness and Rec program with the MHA Nation has kicked off another season of youth football. Twin Buttes players range from grades 3 to 6. We are a small community but these boys have shown a lot of heart and love for the game, along with their coach Leighton Starr. Practices include conditioning and drills to teach the boys the fundamentals of football. Games are every Saturday in New Town ND starting at noon. Our football players are Coulee Mossett (son of Cody Mossett and grandson of Jim and Wanda Mossett), Orlando Starr (son of Alyssa Starr), Ian Gloria (son of Fawnah Muma), Cade Beston (son of Shannon Beston) and Evan Dolphus (Son of Shayne Alcon). Last but not least, our practice players. They help us in practice but are too old or too young to play in the games, Red Sky Starr,



Jimmy Mossett and Gage Mossett. So give our boys some words of encourage as our season is coming to a close soon. Thank You

MHA Fitness and Rec Program has also started the 2017 season of youth Volleyball. We only have a few girls but they love the sport and have a lot of fun! Our games are every Saturday in New Town ND at the Northern Lights Gym. Our players are Marissa and Sydney Diaz- Corral (daughters of Karissa and Juan Diaz-Corral), Seymone Crows Heart (neice of Hope Crows Heart) and Ophelia Bruce (daughter of Jessica Grinnell). As their coach for the first time, I enjoyed coaching them so much! We had a lot of fun! Cheer on our girls as they team up with New Town teams to play a fun and exciting sport.

Thank You,
Coach Alyssa Starr



QUICKSILVER HILL BOXING

Zebadiah Demaray's record is 13-2, with 1 controversial loss. With in his first 7 fights he won the state, regional, and upper Midwest golden gloves and qualified for the National Golden Gloves. Then he went to Ringside world tournament and won a belt.

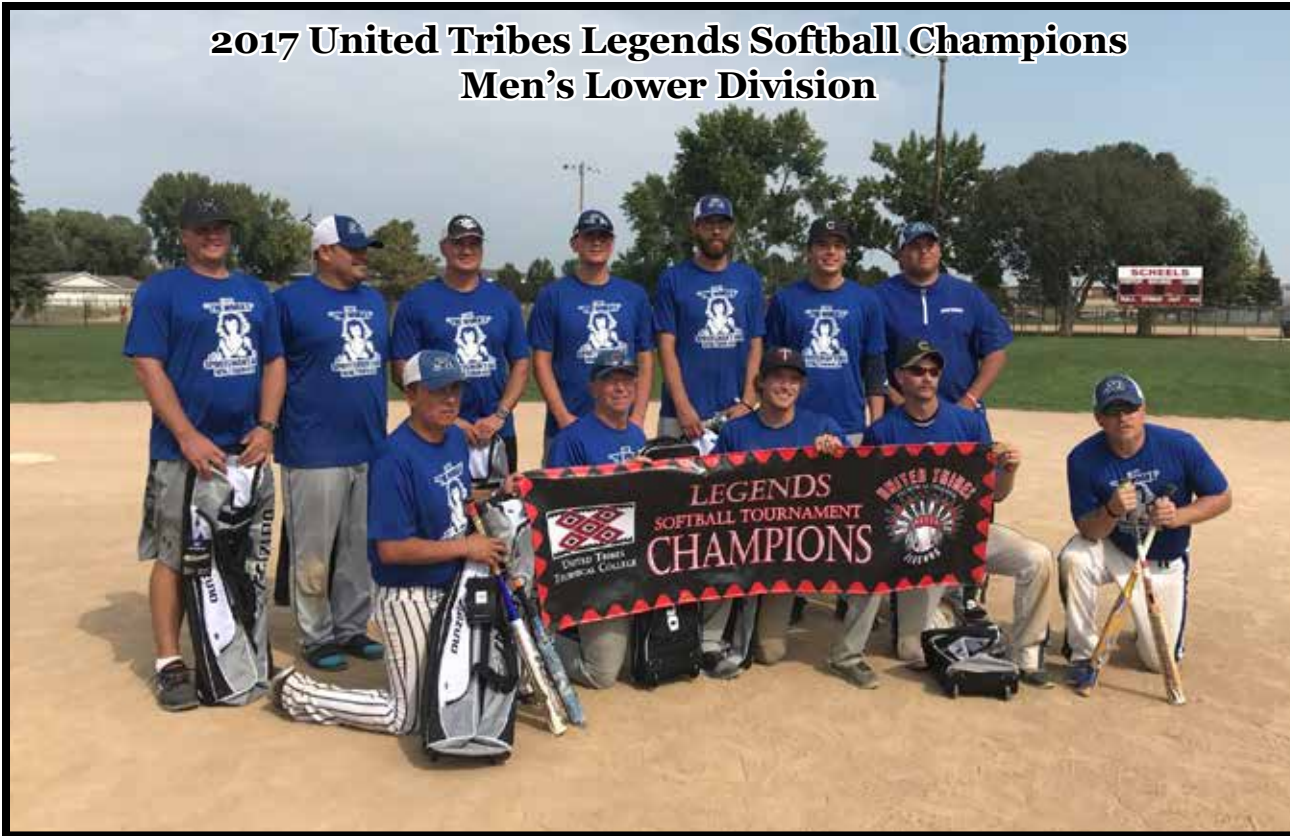
Samuel Demaray is undefeated at 3-0. In his first fight he defeated the state champion but was not qualified for the state title as it was his first fight. Sams second victory was a knock out over a Sturgis fighter in Eagle Butte South Dakota. Sam's third fight was with the state champion again and again Sam defeated him.



*Zebadiah Demaray (above)
Samuel Demaray (below)*



**2017 United Tribes Legends Softball Champions
Men's Lower Division**



*Top row left to right;
Bart Spotted Bohrer, CJ Whitman, Morley Spotted Bear, Jared Eagle, Torre Tagestad, Jaren Enockson, Hunter LaFromboise
Bottom row left to right;
Mel Four Bear, Orvall Drosdal, Ty Duetsch, Drew Drosdal, Dannon Drosdal*

Community member Morley Spotted Bear is a back to back Champ with Sportsmans Bar of New Town, the same team he won the Legends tournament in 2016. The guys were greeted with 27 teams in their bracket. In the semifinal round the team was almost defeated by Sioux Warriors. Sioux Warriors were only down 2 at the top of the 7th inning having last at bat. Sportsmans out of New Town was able to hold off the Sioux Warriors with top notch defense by getting the three outs needed to close the game with a winning run on 2nd. Sportsmans went undefeated to take the tournament!



**TWIN BUTTES EAGLES
X-COUNTRY KIDS TEAM**

kids crossed the finish line, and we had some runners earning place ribbons in their events!

Introducing the kids to running as a sport was our focus for this year. The kids' motto was "slow and steady wins the race" (but run fast as fast as you can). We learned breathing techniques, how to move our arms and how to pace ourselves for the distance. Practices included running, but to keep the kids' attention, we played games geared toward body control. We also learned that teammates help and encourage each other – and our runners did this at every meet!

Our plan is to have activities throughout the year to keep the kids active and interested in running. Thank you to all the parents that helped support the kids this first year and we look forward to next season!

*Go Team Eagles!
Coach Fredericks*



**TWIN BUTTES
CORNHOLE
TEAMS**

- We So Korny**
- Mazed & Confused**
- Corn Starrs**
- Last Bag Standing**
- Corn Stalkers**
- Game of Corns**
- Corn Dawgs**
- These Bags Are Real**
- Cornhole Killers**
- Eagles**



**Roy Morsette took 1st
place at Beulah JV meet
september 26**



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BACK TO SCHOOL UPDATE



Above: School Staff

Welcome Back! It is hard to believe that we are already in our fourth week of the 2017-2018 school year. I am honored to start my 30th year at Twin Buttes School. I have seen so much change and growth within the school and am very proud of our accomplishments.

As we move into this new school year, I would like to encourage all parents, guardians, and community members to be a part of our school. We all know the saying "It takes a village to raise a child" and I truly believe that in order to raise knowledgeable, confident, independent, and successful students, it takes all of us working together as a team.

We have developed a Cultural Committee this year and they are working on a monthly plan to incorporate culture into the daily lives of our students. If you would like to be

a part of this committee please let us know! We welcome any and all ideas you may have.

Just a reminder that we send home a weekly newsletter that has information for each week. We also have a school website: twinbuttes.k12.nd.us and a private school Facebook page. In order to access our Facebook page, you have to be invited and then accepted as a member. This page is used as an avenue of communication and a positive way to promote the great things that are happening at our school.

We look forward to another successful school year and, as always, you are welcome to call or stop in if you have any questions or concerns about your child.

Sandy Starr
Superintendent/Principal

Below: First Day of Head Start



health and wellness

MARKETPLACE HEALTH INSURANCE

The deadline for 2017 plans is over. **Open Enrollment for 2018 runs November 1 - December 15, 2017. Coverage starts January 1, 2018.**

Apply for Medicaid and CHIP either through the **Health Insurance Marketplace** or the **State/County Office**

- Fill out an application through the Health Insurance Marketplace or you can pick one up in my office at the South Segment Tribal Building
- If it looks like anyone in your household qualifies for Medicaid or CHIP, we'll send your information to your state agency. They'll contact you about enrollment.
- When you submit your Marketplace application, you'll also find out if you qualify for an individual insurance plan with savings based on your income instead. Plans may be more affordable than you think.

Tribal-Care Insurance

Contact info is:

Daryl Bearstail, Director
MHA Tribal Health Insurance
(701) 751-2928

Patricia Dixon (Tribal-Care Ins.)
(701) 897-1581 or (701) 446-8282

Emily Jenson (Tribal-Care Ins.)
(701) 945-3347

www.tribal-care.com

Individuals 65 years and older

1. Are automatically eligible for Medicare Part A. In order to receive Medicare Part B, you can reach me and I can assist you on applying for it.
2. Medicare Part B is automatically deducted from your social security.
3. Councilman Spotted Bear will then pay for a supplemental Ins. through Sanford.

You can also stop by my office, call me at 701-938-4403 or my cell phone is 701-421-3550. You can also pick up applications at the Twin Buttes Field Clinic with Diane Tomlin.

Submitted by:
Anita Geggelman
South Segment Health Benefits
Coordinator | 701-897-1581

In Blackouts We Make New Magics from Old Subsistence Patterns.

by R. Vincent Moniz, Jr.

For Heidi Benson-Hernandez

In the double buttes, four Indins
from the home of the champions
keep eyes alive at a daycare
that has only five brown babies
to look over and after.

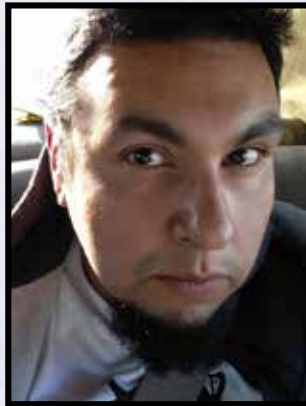
In-between generator gas fills
eight ears block out high pitch
alarm as it's electronic whine
kicks out wicked song into deep
blue of aphotic rivers.

On second break, three look
awestruck at skies without light
pollution. Fourth, whose words
salt rural winter roads scoffs
towards twinkle of constellation.

In ancestral hunting grounds,
scoria skinned Indians with burnt
coffee colored eyes twist in times
before none knew light beyond
the upkept flames of their lodges.

Bluffs and buttes of misdirection
carry wowpow music in watch
pockets, play games with cards
and chips. These coyote tails
never wonder if power can return.

All they know now is old tribal
fellowship. This new warm
embrace of laughter, teases,
and jokes will carry these few
through a night lit by a sky
their forebear's knew by heart.



ABOUT THE POET

R. Vincent Moniz, Jr. (NuuÉtaare) enrolled citizen of Three Affiliated Tribes on the Ft. Berthold Indian Reservation is an urban Indin, collector, liar, manipulator, hoarder, Jerome Foundation Travel and Study Fellow, Beyond the Pure Fellow, The Verve Fellow recipient, The Loft Literary Center Spoken Word Immersion Fellow, Minnesota Emerging Writers' Grantee, Minnesota State Arts Board Artist Initiative Grantee, and Individual World Poetry Slam Indigenous Slam Champion. Minneapolis and Twin Buttes are his home and Home. He contains multitudes.



LET'S WELCOME ONE OF OUR TALENTS RETURNING HOME, R. VINCENT MONIZ, JR.

Interview by: Jessica White Plume

The son of Cheryl G. Benson (3 Clan – Knife) and William J. LaDeaux (Oglala), Vincent's grandparents were Blanche Benson and Ben Young Bird. Vincent lived in Twin Buttes as a young child and later began performing at the age of ten in South Minneapolis where he learned to act, sing, dance, and play music. He has since had phenomenal experiences and success, winning numerous National awards in the world of performing art and literature (also completing a degree in information technology). He is current and reigning Individual World Poetry Slam's Indigenous Slam Champion.

For Vincent, telling stories, especially on stage where he can connect with people, is pure joy. He also sees writing as cathartic. Whether "writing your pain," or "writing your joy" that expression helps people to "let it go" and move forward in a healthy way. He believes that writing is a natural progression of Native oral traditions, and is excited to help people of all ages move beyond rigid rules and enjoy creative writing.

Vincent has two books in progress, and plans to translate and eventually write stories in Nuueta. You can see examples of his work on Youtube and in the Twin Buttes Newsletter. He will also be a featured writer at the upcoming NHSC Writer's Conference.

INTENSIVE STAFF TRAINING WITH CHANCE RUSH



On September 6, 2017 Chance Rush was invited to Twin Buttes Tribal Office to do an Intensive Staff Training. Chance Rush is originally from New Town, ND. He currently resides in Broken Arrow, Oklahoma with his family. Chance owns and operates his own business and travels across Indian Country and teaches staff how to balance personal and professional responsibilities at the work place.

Chance was very laid back and funny. He started out with an ice breaker by playing a game with the staff. He asked a series of questions and the staff had to answer the questions in 3 words. For example, "What is your favorite color?" than 3 reasons why, he then said "this describes the type of friends you like". The staff answered 5 more questions, and by the time the game was over we were all laughing.

Chance was a very good instructor, he was warm and friendly. Chance has a gift for keeping your attention and made things very interesting. He got his serious message across by telling the staff stories and in the end there was always a moral to the story. He told the staff to strive to be the best to "LOVE BEING GREAT", not just "Like being good". The staff discussed the definition of P.O.W.E.R, and how it effects the community.

Power
Outreach
Will
Equal
Rewards



He said the best thing to take to work is to be Spiritual, Honest, Passionate, and Willing. All in all the staff enjoyed the training and hopefully we will see him one more time before the end of the year. Thank-you Chance Rush for your motivational and inspirational training.

*Submitted by
Tiffany Rave*

TWIN BUTTES COMMUNITY HALLOWEEN

SAVE THE DATE
OCTOBER 27



THROWBACK CORNER



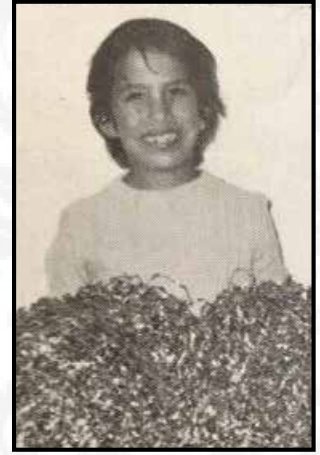
Gwen Hostler



Dustin Krueger



Anita Gegelman



Karissa Diaz-Corral

If you would like to submit a photo for the "Throwback Corner" please email photo with description to: twinbuttestimes@gmail.com



GED CLASSES

Monday - Wednesday
10am - 12pm

Twin Buttes Tribal Building

701-421-1342

NHSC will be offering more classes via our CLAN TV system. Keep an eye out in our next newsletter for a schedule of classes!

TWIN BUTTES FIELD CLINIC

CLINIC HOURS

8:00AM - 4:30PM CST

Monday - Friday

Dr. Orlan Jackson, D.O.

Monday - Friday
9:00AM - 3:30PM

Main Phone Number

701-938-4540

Andrea Richter, FNP-C

Tue / Wed / Thur
9:00AM - 3:30PM



TWIN BUTTES TIMES WORD SEARCH

P	G	H	E	A	R	T	H	L	O	D	G	E	V	X
D	U	W	C	F	V	J	E	O	Q	J	Z	V	Q	K
O	S	O	M	U	F	X	A	O	G	K	F	A	L	L
U	Q	M	D	U	W	H	D	A	X	Y	E	S	I	H
B	C	N	L	U	E	M	S	A	X	F	N	O	L	N
L	N	H	S	D	E	Z	T	E	W	F	Q	U	D	U
E	T	R	A	C	X	O	A	A	N	H	T	E	E	
D	O	H	W	M	N	K	R	D	R	G	I	H	V	T
I	R	F	Q	S	P	D	T	A	X	B	L	S	K	A
T	K	Z	Q	S	Q	I	P	S	M	Z	U	E	Q	Z
C	M	A	N	D	A	N	O	E	F	G	H	G	S	G
H	D	T	X	C	Z	Q	N	N	I	A	J	M	H	V
L	R	Q	G	J	F	K	J	L	S	L	Z	E	E	S
Q	N	S	E	P	T	E	M	B	E	R	V	N	C	Z
O	H	J	V	J	B	W	C	M	R	B	W	T	I	B

CHAMPIONS
DOUBLE DITCH
EAGLES

FALL
HEADSTART
MANDAN
EARTHLODGE

SEPTEMBER
SOUTH SEGMENT
NUETA



CONGRATULATIONS

Raven Peltier & Shawn Azure
on the birth of your son!!

Tyus Grey Azure

September 15, 2017

12:41pm

8lbs .57oz

Proud Grandparents

Sommer Cummings and Morley

Spotted Bear

Great Grandparents

Lonnie & Diana Spotted Bear

Proud Uncles

Cy Kruz Spotted Bear & Haylon

Neci Spotted Bear and Loving Aunt

Ashlyn Nicole Spotted Bear



HORSE NATION

NHSC now offers a two-year, Associates of Science degree in **Equine Studies**. That's right, if you love horses, now you can get a college degree preparing you for a lifelong career in the horse world. Specialty tracks in Equine Assisted Learning (horse therapy) and Natural Horsemanship are offered.

For more information call
Jessica White Plume, Ph.D., M.P.H.
| (701) 421-0420

Pumpkin Bars

- 1 C. flour
- 1 C. sugar
- 1/3 C. oil
- 1 C. pumpkin
- 1/4 C. milk
- 1 tsp. baking powder
- 2 eggs
- 2 tsp. pumpkin spice
- 1/4 C. nuts
- 1 tsp. cinnamon
- 1/2 tsp. ginger
- 1/4 tsp. nutmeg
- 1 tsp. vanilla
- 1/2 tsp. soda
- 1/2 tsp. salt



Beat ingredients with electric mixer at medium speed for 2 minutes. Pour into a greased and floured 13"x9" pan. Bake in 350° oven for 25 to 30 minutes.

FROSTING:

- 1 pkg. cream cheese
- 1/4 C. margarine
- 1 3/4 C. powdered sugar
- 1 tsp. vanilla

Recipe Submitted By:

Peggy Pfeifer

South Shore Market Steak Fry

As I'm sitting at my desk wondering, "hmm I wonder what I'm going to have for lunch today?" Living in Twin Buttes, ND we don't have many options on where we go for lunch, our closest restaurant is 15 miles away. Just as I was pondering on what I was going to eat the phone rings and they said the C-store was having a steak fry. Yes, I was so excited because it isn't too often we can get a steak for lunch.

Krissy Burr is the South Shore Market, Manager. She is the daughter of Evan Burr Jr. and Joy Burr. Krissy is married to Pete Garcia and has 3 children.

I asked Krissy what gave her the idea to have a steak fry. "She said she wanted to give the community and surrounding area something different and hardier." She stated "this was her 3rd steak fry and each time it keeps getting better and better."

I was very impressed with Krissy's grilling skills and asked her how she learned how to cook a steak so well. She chuckled and said "trial and error, plus I cook a lot for my family." On her menu is a Ribeye steak, baked potato, a side salad or fruit salad, all for \$14.99. This is a real treat for our South Segment Community.

I thanked Krissy for all her hard work and she said her next event is going to be grilled Ribs, so stay tuned everybody!

Submitted by
Tiffany Rave

South Shore Market
(701) 938-3599



Kris Burr on the grill

Farmers & Artisans Market & Harvest Festival

OCTOBER 1ST
10AM - 4PM

FOUR SISTERS GARDEN
(just west of New Town)

Registration is \$10 per table

For more information please contact:
Jess White Plume | (701) 421-0420

What's your favorite thing about fall?



"When the bugs die and the trees turn."

Peggy Pfeifer
Adult Twin Buttes
Community Member



"It's not too cold or too hot, and I can wear sweaters and boots. Decorating is my favorite, and going to the pumpkin patch."

Jada Appel
Teen Twin Buttes
Community Member



"White ghosts, holding pumpkins and fishing with real live worms."

Brielle Starr
Youth Twin Buttes
Community Member

TWIN BUTTES OFFICE		
Cory Spotted Bear	coryspottedbear@mhanation.com	701-421-0174
Gwen Hostler	ghostler@mhanation.com	701-421-3873
Blanche Hunts Along	blanchehuntsalong@mhanation.com	701-421-0351
Alisha Brim	abrim@mhanation.com	701-421-1039
Melissa Starr	mstarr@mhanation.com	701-421-8872
Ernest Stone		701-421-3001
MEMORIAL HALL STAFF		
Main Phone		701-938-4737
Morley Spotted Bear	m spottedbear@mhanation.com	701-220-1182
Geneva Kazena		701-260-3445
Melvin Beaks		701-421-0208
NEW TOWN OFFICE		
Main Phone		701-627-8255
Fax Line		701-627-3472
Julie Beston	jboston@mhanation.com	701-421-4334
BISMARCK SATELLITE OFFICE		
Main Phone		701-751-2928

SOUTH SEGMENT COMMUNITY DEVELOPMENT CORPORATION		
Main Phone		701-938-3590
Fax Line		701-938-3592
NU'ETA LANGUAGE INITIATIVE		
Indrek Park	inpark@indiana.edu	812-929-7178
TWIN BUTTES ELEMENTARY SCHOOL		
Main Phone		701-938-4396
Fax Line		701-938-4397
Twin Buttes Head Start		701-938-4568
Website	www.twinbuttes.k12.nd.us	
EAGLE'S NEST DAY CARE		
Main Phone		701-938-3590
NHSC MENTOR SITE		
Sierra Spotted Bear		701-421-1342
BOYS AND GIRLS CLUB		
Main Phone		701-938-3293
TWIN BUTTES ELDER'S ORGANIZATION		
Main Phone		701-938-3525
HORSE NATION PROGRAM		
Jessica White Plume		701-421-0420
HEALTH BENEFITS COORDINATOR		
Anita Geggelman	agegelman@mhanation.com	701-421-3550

*Happy Birthday
to our Elders*

MERLE STARR
KANDEE KNIGHT
SVEA LIZOR
BILL CARDINAL

apologies if we missed anyone - it was not our intention

**TWIN BUTTES
TIMES**

**DEADLINE FOR SUBMISSIONS: 10TH DAY OF THE MONTH
FOR THAT MONTH'S ISSUE**

If you are interested in receiving a copy of the Twin Buttes Times in the mail, please send your name and address to:
twinbuttestimes@gmail.com

NEW TOWN COMMODITIES	
Main Phone	701-627-4292
TERO NEW TOWN	
Main Phone	701-627-3634
BIA NEW TOWN	
Main Phone	701-627-4707
Range	701-627-6532
LEGAL SERVICES NEW TOWN	
Main Phone	701-627-4719
Toll Free	1-877-639-8695
TAT FINANCE	
Main Phone	701-627-8224
Fax Line	701-627-2811
TAT ENROLLMENT	
Main Phone	701-627-4238
TAT SOLID WASTE	
Pat Dubois	701-421-7036
ANIMAL CONTROL	
Delia Blake	701-421-5214
Travis Jensen	701-421-8906
FOUR BEARS CASINO	
Main Phone	1-800-294-5454
TRIBAL COURTS	
Main Phone	701-627-4803
SOCIAL SERVICES	
Main Phone	701-627-8165
477	
Main Phone	701-627-4455
HALLIDAY CENEX	
Toll Free	1-800-767-3642
Main Phone	701-938-4716
HALLIDAY UNION BANK	
Main Phone	701-938-4311
Toll Free	1-888-873-2900
DO IT BEST HARDWARE	
Main Phone	701-938-3594
CONSOLIDATED TELEPHONE	
Toll Free	1-888-225-5282
Main Phone	701-483-4000
MCKENZIE ELECTRIC	
Toll Free	1-800-584-9239
Emergency	701-444-9288
Main Phone	701-764-5902

ROADS DEPARTMENT	
Main Phone	701-938-4533
HOUSING AUTHORITY	
New Town Housing FBHA	1-800-535-5621
Main Line	701-627-4731
Fax Line	701-627-3802
Sommer Cummings	701-938-4771
Sheldon Sage	701-938-3254
Fax Line	701-627-3802
RURAL WATER	
Main Phone	701-938-3160
ENVIRONMENTAL DEPARTMENT / PESTICIDES	
Jim Mossett	701-421-0665

POLICE DEPARTMENT	
Sgt. Dustin Krueger	701-421-7827
Officer Ana Alveraz	701-421-1228
TAT Police Department	701-627-3617 or 911
TWIN BUTTES SECURITY	
Tom Sage	701-260-7076
TWIN BUTTES FIELD CLINIC	
Main Phone	701-938-4540
Fax Line	701-938-4541
ELBOWOODS HEALTH CENTER	
Main Phone	701-627-4750
Fax Line	701-627-4496