# The South Sogment administration will strive to some members of the South Sogment living both on and off the



The South Segment administration will strive to serve members of the South Segment living both on and off the Fort Berthold Indian Reservation, to further their living standard, promote self-sufficiency, sustainable energy, and food sustainability within the tradition of the Mandan, Hidatsa, and Arikara Nation.

**VOLUME 3 / ISSUE 4** 

OCTOBER / NOVEMBER 2017

## COUNCILMAN SPOTTED BEAR'S GREETINGS

# Ohaake shi'nito'sh. "It's good to be alive," or "life is good." Another way to say it is: Oinise shi'nito'sh.

Greetings fellow community members and citizens of the great MHA Nation.

Waa onatka shiini waka'ni wahuuro'nito'sh. "I come with a good heart." I write this on Halloween and I hope everyone is enjoying time with family and friends. I hope you received less tricks and more treats!

I would like to recognize the families that have recently suffered loss and those that are going through hardship. They tell us to be kind to one-another for all of us have some kind of challenge to overcome. I hope things make a turn for the better and that there are many good days ahead for all of us.

The days are becoming short again as the sun moves farther south. It will not be long



and the snow will fly and winter will set in. I hope everyone is making the necessary preparations for the change in seasons. The shorter days and colder weather means our construction season is coming to a close. It has been busy in Twin Buttes this fall. By the time you read this nearly \$8M in asphalt paving and concrete work will have occurred in and around the Twin Buttes community. There will not be so much dust and mud and things are looking good. The elder's activity center that is under construction will be water tight by the middle of November.



Photo Credit: Phillip G. Lewis Sr.

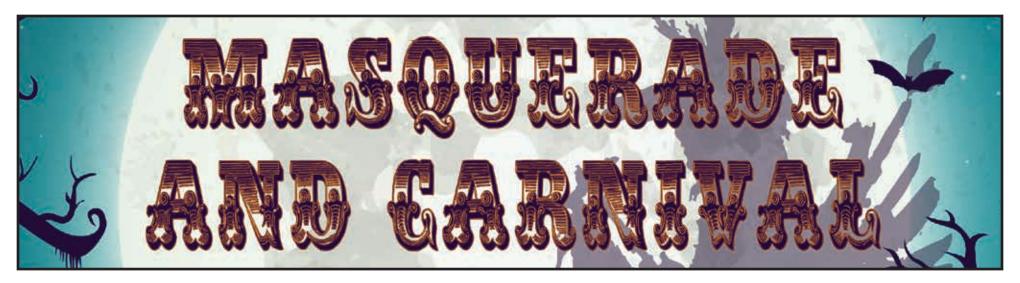
The new elder's center will be "turn-key" ready in the spring. The ice skating rink, warming house, and outdoor fire ring has been prioritized for winter completion so we can use it yet this winter. This will be located across the new parking lot west of the softball field complex.

Nearly all of the 42 miles of water distribution line has been installed and made functional. It has recently been reported to me that all new water users will

(continued on page 4)











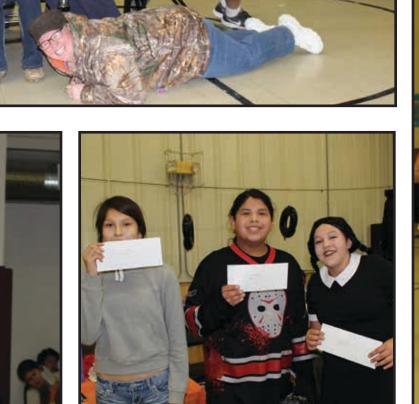


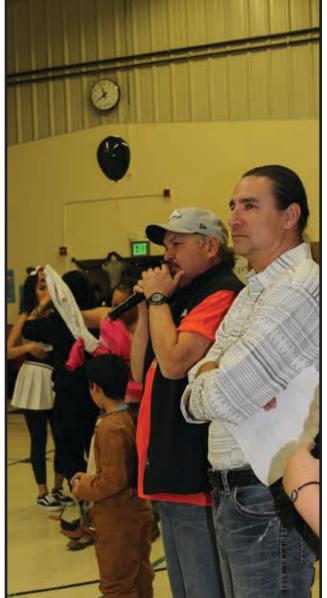




















# CONTINUED FROM PAGE 1: COUNCILMAN SPOTTED BEAR'S GREETINGS



Photo Credit: Phillip G. Lewis Sr.

be tapped in to the new line yet this fall. Unfortunately, the new water treatment plant project went back out to bid for 45 more days because the bids that were received the first round were higher than the engineer's estimate. Hopefully we will receive fair and competitive bids from quality contractors this round.

A couple of weeks ago we helped the Theodore Roosevelt National Park service with their annual bison round up. The park sustains about 500 animals or so and 1 and 2-year-old bison are culled from the park and distributed to participating tribes of the Inter-Tribal Buffalo Council or ITBC. Our community was very fortunate to receive 10 bison. We are starting our bison herd in Twin Buttes with 7 young female bison and 3 young bulls. A big thanks to all who made a contribution to restore bison to our homelands in Twin Buttes. We will continue to expand our operations in the

coming years.

The neighborhood improvements have been ongoing and the work that was not completed this fall is on the schedule to be completed in the spring when construction kicks off again. All of the current projects that I have mentioned in previous newsletters are expected to be completed by June 1, 2018, just in time to show-case our neighborhood improvements during our annual Twin Buttes powwow celebration.

Oil prices are steady and slightly on the rise. This means increasing economic opportunity for communities, it also comes with a greater responsibility to look out first and foremost for the health and wellness of our people and natural environment. The integrity of our land and water should not be compromised by irresponsible development practices. I encourage only earth-compliant extraction of

our natural resources. Our old people used to work the land and harvest precious food and medicine. When they looked back at the land it was hard to see any disruption to the natural environment at all. This is our model. When the quality of the land, air, and water is compromised it contradicts the original vision to increase the people's quality of life and standard of living.

New houses continue to be built in the community and existing houses continue to be improved with construction renovation. I would again, like to recognize and thank the Fort Berthold Housing Authority (FBHA) for their partnership in cost-sharing the FBHA housing renovations. The well-being and health of our membership is benefiting from this positive collaboration. I am hoping we can work together to improve every FBHA home in the South Segment.

In closing, our elders will soon be traveling to Pipestone, MN for a few days of visiting and scenic enjoyment. I wish all our elders a good time, good days ahead, maybe they will hear some good news and if they gamble maybe some of them will hit the jackpot! Let us move forward together with all our hands on the work to make the load light. I am optimistic about a bright future for our children and our community.



Aho, a'taronito'sh. (That's all, for now.)

Councilman
Cory Spotted Bear
Twin Buttes Representative



Photo Credit: Phillip G. Lewis Sr.



Photo Credit: Phillip G. Lewis Sr.



Photo Credit: Phillip G. Lewis Sr.

# **NUETA LANGUAGE INITIATIVE**

## MANDAN GIFT TO THE WORLD

Submitted by Indrek Park Nueta Language Initiative

Mandan people have long been known as some of the northernmost native agriculturalists in North America. What is less well-known is that Mandan corn has had a major impact on the well-being of the human race on a global scale.

Corn was first domesticated about 9,000 years ago in southern Mexico. It is a tropical plant that requires long summers, a lot of sunshine, and plenty of water. For all intents and purposes, it shouldn't even be cultivated in the dry and cold climate of North Dakota. However, not only is corn common in North Dakota, it is also widely grown in Canada.

The history of corn cultivation in the northern latitudes is intimately related to the history of Mandan people.

Mandan traditions tell us a story of an epic migration upstream along the Missouri River that lasted for many hundreds of years. The direction of this movement was always from the south to the north. There was a prophecy that explicitly forbade the people to backtrack downstream after settlements grew and splinter groups established new villages further up the river.

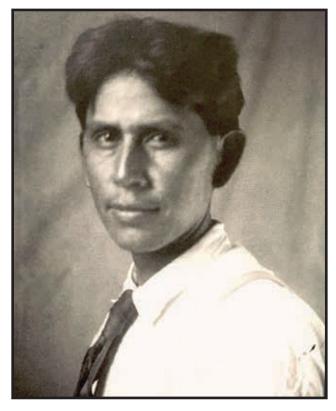
The process was too slow to be discernible over a single person's lifetime, but in the historical perspective we see how the chain of Mandan villages almost imperceptibly inched its way northwards by shedding off the southernmost villages and establishing new ones in the north.

Whenever a new village was established, the first order of the day was to clear the land and plant a garden. The corn priests were tasked with the duty of selecting and preserving the strongest and most viable seeds from the previous years' harvest. Thus, through a process of selective breeding that took many centuries, the Mandan gardeners developed some of the hardiest varieties of corn (and other and beans and squash) known to mankind.

The process was really simple. By constantly selecting the hardiest seeds that had survived the previous years' droughts and harsh winters, the corn priests encourages those traits in the corn until they became dominant. By isolating plants that produced crops in larger quantities in a shorter growth period created strains with unique characteristics that became known as the eleven varieties of Mandan corn.

Unlike the tropical varieties of corn, which are regularly more than 10 feet high, the Mandan varieties have been "trained" to channel their energy into the rapid production of ears at the expense of everything else. As a result, Mandan corn is known for its short stalks and short growth periods, which is perfect for climates with short summers and infrequent rainfall.

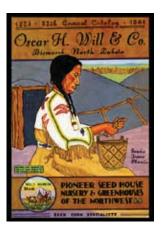
These characteristics of Mandan corn could not have developed if the migration along the Missouri River northwards had been any faster. There would not have been enough time for the consecutive generations of seeds to "catch up"

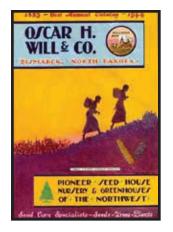


James Holding Eagle | Mandan/Hidatsa

and adapt to the harsher climates.

Mandan corn and the Mandan people have shared a symbiotic relationship that spans countless generations. In the harsh climates of North Dakota, neither one could have survived without the other. They nurtured each other, sustained each other, and depended on each other.





## MANDAN CORN GOES GLOBAL

The excellent qualities of Mandan corn were recognized by the Oscar H. Will & Company – North Dakota's first seed house and nursery. The Will family took advantage of the opportunities presented by the close proximity of Fort Berthold and made many fast friends among the traditional Mandan horticulturists there

In 1907, the Will Company offered the Nueta sweet corn for the first time. In the following years, other varieties of Mandan corn were included in the catalogue. The varieties of Mandan corn that the Will Company offered were gifts from James Holding Eagle and his mother, Scattered Corn Woman, whose mother was Medicine Seed and father Moves Slowly, the last Mandan corn priest. Seeds were also gifted by Water Chief and other Mandan and Hidatsa benefactors.

The H. Will & Company finally closed in 1959 after having been in the Will family for three generations. As a token of acknowledgment and gratitude, the company featured Scattered Corn Woman and other Mandan benefactors many times on their catalogue cover. As long as the company was active, they never ceased to emphasize the significance of the generous gift by the Mandan people.

Over the years, the Will company introduced dozens of varieties of hybridized and crossed corns to the market, many of which could be traced back to the original gift of Mandan corn. The enduring legacy of Mandan corn is manifested today in the thousands of acres of cultivated land throughout the northern part of the United States and Canada that would otherwise be unsuitable for the more southerly varieties of corn.

The economists say that the amount of corn grown in the United States and Canada, both for human consumption and as silage, could be sufficient to feed not only these two countries but the rest of the world – all of it – as well.

The world really owes a great amount of recognition and gratitude to the Mandan people for the selfless act of generosity – the gift of Mandan corn.



Scattered Corn (1858-1940), was a Mandan Woman whose mother was Medicine Seed and father Moves Slowly, the last Mandan corn priest. She married Holding Eagle, a Hidatsa man. Scattered Corn shared a great deal of gardening information, garden seed, and ceremonies associated with gardening with George Will and other historians and anthropologists.

George Will recognized the contributions of Scattered Corn to the preservation of the history of her people and to his company.

# 





# THANK YOU FOR YOUR SERVICE KIRAH MORSETTE

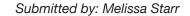
Kirah Morsette is the daughter of Darian and Kirsten Morsette, granddaughter of Svea Holen Lizor and Gene and Elizabeth Morsette. Kirah enlisted in the US Airforce in February of 2016. As a senior in high school she was visiting with a Marine recruiter. She went as far as bringing him to talk with her parents. Her mother respectfully told the recruiter, "Kirah is not 18 and cannot yet make that decision on her own." Kirah was not pleased! Kirsten also had veteran friends visit Kirah regarding pros and cons of being a Marine, and some alternative options. Kirah had never really been away from home and was a very sheltered child, her mother pleaded with her to go to college for at least a year, just to see how it would be to be away from home. Kirah reluctantly agreed.

Kirah graduated high school in May of 2015 and enrolled at Minot State University. While she was attending college she decided to visit an Air Force recruiter. She told her parents that she changed her mind about the Marines and was now interested in the Air Force. She explained to her parents that she wanted to make an exciting adventure! She also explained to them that she really was not quite sure what

she wanted to do with her life and didn't want to pay thousands of dollars towards a career that she may not be happy with.

Her father was very supportive towards her decision, while her mother was terrified! However, Kirah was persistent; she continued to meet with her recruiter and before anyone knew it she was enlisted and heading to Lackland Texas for basic training. She admitted to being a little lonesome, however, she was not alone. All of her new Air Force family were also lonesome but they supported each other and got through it! She is currently in Mississippi continuing her training as Computer Programs Analyst. The training is not easy and requires a lot of studying but she loves the challenge. She said she is glad she didn't let her mom talk her out of joining the Air Force because she is so proud to be a part of something bigger and better! She loves to get letters, pictures and care packages, her address is:

Kirah Morsette 140 Phantom Street Unit 15818 Keesler AFB MS 39534







# TWIN BUTTES ELDERS TRIP TO PIPESTONE, MN



Our elders are traveling to Pipestone, MN for a few days of visiting and scenic enjoyment. Councilman Spotted Bear wishes all of them a good time and safe travels!



### HOMETOWN GIRL FINISHES HER CROSS COUNTRY SEASON STRONG

Linda Starr is a Junior at Marty Indian School in South Dakota. This season was her first time joining Cross Country and she did very good. She finished 12th place at the Lakota Nation Invitational Cross Country meet held in Rapid City S.D. in September with her parents and grandmother cheering her on. She finished 25th at regionals held in Freeman S.D. and although she didn't make the top 20 to go on to state she represented her school and hometown proudly. Linda is the daughter of Hank Starr and Geneva Kazena.







## N G

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# TWIN BUTTES SCHOOL FIRST QUARTER AWARDS

Students received awards for getting
A's in different subjects, Honor Roll,
Perfect Attendance, Accelerated
Reader and Random Acts of Kindness.
Congratulations and keep up the good





Student of the Month Brandon



Student of the Month Marissa



First Quarter Awards Kindergartner



First Quarter Awards





First Quarter Awards Seventh and Eighth Grade



First Quarter Awards Third and Fourth Grade



Perfect Attendance



First Quarter Awards
Fifth and Sixth Grade



Honor Roll

#### TWIN BUTTES SCHOOL UPDATE





Above and Below: Kickoff to Culture School Event







#### **Greetings!!**

October has been a very busy month for us here at the Twin Buttes School. We hosted a "Kickoff to Culture" night with a traditional meal of corn soup, fry bread, and blueberry pudding. We had a nice turn out and are hoping for some fun and informative cultural events in the upcoming months. If you are interested in sharing any cultural activities, stories, ideas, please contact Crystal Bruce or Tiffany Weigum at the school. We also wrapped up our first quarter of school on Friday, October 27, 2017. We would love to share some of the pictures of students that received awards for the first quarter. We are very proud of their accomplishments! We have started a "Random Acts of Kindness" campaign this year. Students who are seen doing random acts of kindness, displaying good citizenship, and positive attitudes are nominated for the "Student of the Month" award. We have had two winners so far that have received some awesome prizes. September's student of the month was Brandon Gillette and October's winner was Marissa Diaz-Corral. We are very proud of these students!!

You can see more of our everyday activities by checking in on our Facebook page. This page is a private page that can only be accessed by requested invitation. If you'd like access to our page, please let Mrs. Starr know and she will approve you.

Submitted By: Sandy Starr School Superintendent

# SAFE TEEN DRIVERS COULD EARN MONEY

This week is National Teen Drivers Safety Week, and the North Dakota Farm Bureau wants to help make safe driving pay for teenagers. This November, NDFB is holding a set of Route 1000 classes throughout the state that are aimed to encourage teenagers to drive safely by providing an opportunity to receive \$500 after 1,000 days of safe driving.

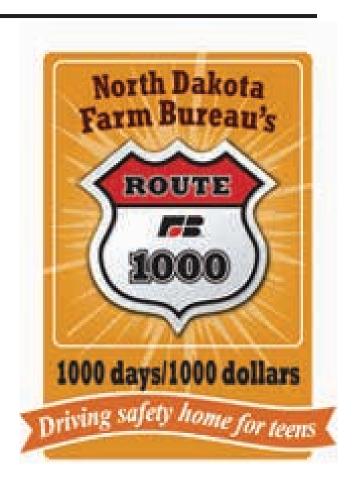
To participate in the class, teenagers must

register for the class before their 18th birthday, be a licensed driver and attend a one-hour class with a parent or legal guardian. In the end, the teenager will sign an agreement promising to follow the key points covered in the short course. After 1,000 days of safe driving with no traffic tickets and/or accidents caused by their actions, the teens will receive \$500 check.

"We've seen remarkable success with this class," said NDFB Executive Vice President and CEO Jeffrey Missling. "In the last couple of years, 78 percent of teenagers who participated in Route 1000 completed the 1,000 days successfully and received \$500. The reward comes at a perfect time, as the students are buying college supplies and starting their next phase of life."

Classes will be held in Minot, Devils Lake, Fargo, Bismarck, Dickinson, and Grand Forks.

For more information or to register for classes, please visit route1000.com or call 701-298-2218.



# health and wellness

#### MARKETPLACE HEALTH INSURANCE

The deadline for 2017 plans is over.

Open Enrollment for 2018 runs

November 1 - December 15, 2017.

Coverage starts January 1, 2018.

Apply for Medicaid and CHIP either through the **Health Insurance**Marketplace or the State/County Office

- Fill out an application through the Health Insurance Marketplace or you can pick one up in my office at the South Segment Tribal Building
- If it looks like anyone in your household qualifies for Medicaid or CHIP, we'll send your information to your state agency. They'll contact you about enrollment.
- When you submit your Marketplace application, you'll also find out if you qualify for an individual insurance plan with savings based on your income instead. Plans may be more affordable than you think.

You can also stop by my office, call me at 701-938-4403 or my cell phone is 701-421-3550. You can also pick up applications at the Twin Buttes Field Clinic with Diane Tomlin.

Submitted by:
Anita Gegelman
South Segment Health Benefits Coordinator



#### My Girlfriend Thinks She's Han Solo by R. Vincent Moniz, Jr.

At first I couldn't see the signs zipping past me like Tie fighters.

The Lego Millennium Falcon, her love of black vests, a penchant for v necks, and a craze for utility belts and thigh holsters.

Shoulda known when our second date was spent combing toy store after toy store looking for an exact replica of the DL-44 heavy blaster pistol in die cast metal, not "those stupid toys made of plastic".

Halloween parties, every year it's the same my chubby Wookie to her short intergalactic smuggler. The dark side of the force blinded me to her delusion worried she'd leave me, cut up and left for dead like so many frozen Tauntaun before me.

Nothing could damage how I feel about her though even when I say I love you and all I ever hear back is I know.

#### "Where I'm From"

by Jessica Starr

I am from the Mandan, Hidatsa, Arikara Tribe, from wild horses and open prairies.

I am from the Great Plains, it sounds like wind through the grass.

I am from the apple tree, the tree with brown and green.

I am from the Knife clan and brown eyed, from mother and father and grandmother.

I am from the big hearted and caring,

From being talented and beautiful.

I am from the prayer and respecting others as equals

I am from God's country, bread and soup.

From the joys of being an aunt to six beautiful little humans, the jokes from big brother.

I am from the caring, kind hearted and open minded, believing in second chances and opportunities to learn from the mistakes we make in life, always knowing in my heart that everything happens for a reason.





#### NHSC SPRING 2018 CLASSES OFFERED IN TWIN BUTTES

- Introduction to Sociology
- Composition I
- Mandan II (no prerequisite required)
- Hidatsa I
- Speech
- History of Three Affiliated Tribes
- Biology II
- Student Success

For more information, please contact Sierra Spotted Bear at 701-421-1342







- Tools
- Paint
- Lawn & Garden
- Plumbing
- Electric
- Automotive
- Heating
- Outdoor Living
- Sporting Goods
- Building Materials
- Farm & Ranch
- Home Essentials
- Pendletons
- Pet Supplies
- Cleaning & Organization

Please check out the merchandise books - if we don't have what you are looking for it can be ordered!

701-938-3594

#### HOURS OF OPERATION: MONDAY - FRIDAY 8:00 AM - 4:30 PM



FILL IN THE ENTRY BLANK FOR YOUR CHANCE TO WIN A

#### **SHOPPING GIVEAWAY**

NAME:

ADDRESS:

PHONE:

EMAII

# Happy Birthday to our Elders CLARICE STONE JIM MOSSETT JOHN STONE SR. WILFRED SNOW

DAVID HOLDING EAGLE
KENNETH BEAUCHAMP
DENNIS HUBER

Apologies if we missed anyone It was not our intention

#### TWIN BUTTES FIELD CLINIC

#### **CLINIC HOURS**

Dr. Orlan Jackson, D.O. Monday - Friday 9:00AM - 3:30PM

8:00AM - 4:30PM CST Monday - Friday

Monday - Friday
Andrea Richter, FNP-C

Main Phone Number
701-938-4540

Andrea Richter, FNP-C

Tue / Wed / Thur
9:00AM - 3:30PM



## MHA NATION HOME HEALTH CARE

For more information please contact: Lindsey Smith, RN (701) 421-2033 lsmith@mhanation.com



#### CONGRATULATIONS

Aliyah Gwin & Valentino Zephier on the birth of your son!!

#### **Zander Tyson Zephier**

October 1<sup>st</sup>, 2017 6lbs 11oz 20 inches He joins his big sister Zakiyah Kyrae.



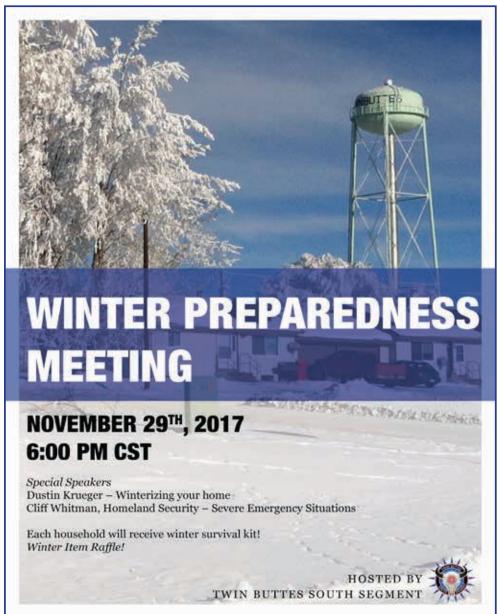




<u>DEADLINE</u> FOR SUBMISSIONS: 10TH DAY OF THE MONTH FOR THAT MONTH'S ISSUE

If you are interested in receiving a copy of the Twin Buttes Times in the mail, please send your name and address to: **twinbuttestimes@gmail.com** 







# COMMUNITY TURKEY BASKET DISTRIBUTION

November 20<sup>th</sup>, 2017 Twin Buttes Memorial Hall

Time: TBA (via Honeywell)

If you will not be home this day, please call Blanche at (701) 421-0351 to make arrangements for someone to pick up your basket, as we do not have storage to hold them.



TWIN BUTTES OFFICE		
Cory Spotted Bear	coryspottedbear@mhanation.com	701-421-0174
Gwen Hostler	ghostler@mhanation.com	701-421-3873
Blanche Hunts Along	blanchehuntsalong@mhanation.com	701-421-0351
Alisha Brim	abrim@mhanation.com	701-421-1039
Melissa Starr	mstarr@mhanation.com	701-421-8872
Ernest Stone		701-421-3001
MEMORIAL HALL STAF	F	
Main Phone		701-938-4737
Morley Spotted Bear	mspottedbear@mhanation.com	701-220-1182
Geneva Kazena		701-260-3445
Melvin Beaks		701-421-0208
NEW TOWN OFFICE		
Main Phone		701-627-8255
Fax Line		701-627-3472
Julie Beston	jbeston@mhanation.com	701-421-4334
BISMARCK SATELLITE OFFICE		
Main Phone		701-751-2928

SOUTH SEGMENT COMMUNITY DEVELOPMENT CORPORATION		
Main Phone		701-938-3590
Fax Line		701-938-3592
NU'ETA LANGUAGE IN	ITIATIVE	
Indrek Park	inpark@indiana.edu	812-929-7178
TWIN BUTTES ELEMEN	ITARY SCHOOL	
Main Phone		701-938-4396
Fax Line		701-938-4397
Twin Buttes Head Start		701-938-4568
Website	www.twinbuttes.k12.nd.us	
EAGLE'S NEST DAY CA	ARE	
Main Phone		701-938-3590
NHSC/GED MENTOR S	ITE	
Sierra Spotted Bear		701-421-1342
BOYS AND GIRLS CLU	В	
Main Phone		701-938-3293
TWIN BUTTES ELDER'S	SORGANIZATION	
Main Phone		701-938-3525
HORSE NATION PROG	RAM	
Jessica White Plume		701-421-0420
HEALTH BENEFITS CO	ORDINATOR	
Anita Gegelman	agegelman@mhanation.com	701-421-3550

мцх	NATION	I COMMITT	EEC
IVIDA	NALIO		

NATURAL RESOURCES COMMITTEE		
Randy Phelan (Chair)	rphelan@mhanation.com	701-759-3377
Fred Fox (Member)	ffox@mhanation.com	701-627-8249
Monica Mayer (Member)	mmayer@mhanation.com	701-627-3456
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Randy Phelan (Member)	rphelan@mhanation.com	701-759-3377
Frank Grady (Member)	frankgrady@mhanation.com	701-627-8109
HEALTH AND HUMAN RESO	URCES COMMITTEE	
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Fred Fox (Member)	ffox@mhanation.com	701-627-8249
Monica Mayer (Member)	mmayer@mhanation.com	701-627-3456
EDUCATION COMMITTEE		
Cory Spotted Bear (Chair)	coryspottedbear@mhanation.com	701-938-4403
Randy Phelan (Member)	rphelan@mhanation.com	701-759-3377
Monica Mayer (Member)	mmayer@mhanation.com	701-627-3456
ECONOMIC DEVELOPMENT COMMITTEE		
Monica Mayer (Chair)	mmayer@mhanation.com	701-627-3456
Cory Spotted Bear (Member)	coryspottedbear@mhanation.com	701-938-4403
Mervin Packineau (Member)	mpackineau@mhanation.com	701-862-3841

NEW TOWN COMMODITIES	i
Main Phone	701-627-4292
TERO NEW TOWN	
Main Phone	701-627-3634
BIA NEW TOWN	
Main Phone	701-627-4707
Range	701-627-6532
LEGAL SERVICES NEW TOV	VN
Main Phone	701-627-4719
Toll Free	1-877-639-8695
TAT FINANCE	
Main Phone	701-627-8224
Fax Line	701-627-2811
TAT ENROLLMENT	
Main Phone	701-627-4238
TAT SOLID WASTE	
Pat Dubois	701-421-7036
ANIMAL CONTROL	
Delia Blake	701-421-5214
Travis Jensen	701-421-8906
FOUR BEARS CASINO	
Main Phone	1-800-294-5454
TRIBAL COURTS	
Main Phone	701-627-4803
SOCIAL SERVICES	
Main Phone	701-627-8165
477	
Main Phone	701-627-4455
HALLIDAY CENEX	
Toll Free	1-800-767-3642
Main Phone	701-938-4716
HALLIDAY UNION BANK	
Main Phone	701-938-4311
Toll Free	1-888-873-2900
DO IT BEST HARDWARE	
Main Phone	701-938-3594
CONSOLIDATED TELEPHON	NE NE
Toll Free	1-888-225-5282
Main Phone	701-483-4000
MCKENZIE ELECTRIC	1200 .000
Toll Free	1-800-584-9239
Emergency	701-444-9288
Main Phone	701-764-5902
	751 754 5502

ROADS DEPARTMENT	
701-938-4533	
1-800-535-5621	
701-627-4731	
701-627-3802	
701-938-4771	
701-938-3254	
701-627-3802	
701-938-3160	
ENVIRONMENTAL DEPATMENT / PESTICIDES	
701-421-0665	

POLICE DEPARTMENT	
Officer Cody Smith	701-421-6390
Officer Ana Alveraz	701-421-1228
TAT Police Department	701-627-3617 or 911
TWIN BUTTES SECURITY	
Tom Sage	701-260-7076
TWIN BUTTES FIELD CLINIC	
Main Phone	701-938-4540
Fax Line	701-938-4541
Fax Line  ELBOWOODS HEALTH CEN	701-938-4541
	701-938-4541

# SAVE THE DATE



November 28th **TWIN BUTTES BINGO**Memorial Hall

5:30PM-7:00 PM

Hosted by the Fort Berthold Diabetes Program